

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

**MONTHLY NEWSLETTER
AUGUST, 2025 Vol. 12 No. 8**



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

MID-COUNTY (p. 14-15)

292 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
RETIREMENT COMMUNITY
*Excellence in Senior Living
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Escanaba 789-2404
Gladstone 428-3085

um UPPERMICHIGANLAW.COM



**FIGHT BACK WITH THE RIGHT PROTECTION
CALL (906) PROTECT**



**MEDICARE
ANNUAL ELECTION PERIOD
October 15 thru December 7**
Call Margo
906-789-0900



Seniors (62 & Older) go to the top of
the waiting list. Placement for Seniors
should be very quick.
Safe and Secure building.
Call with questions.
906-786-6229



LUTHER MANOR

.....
Assisted living offering three meals per day,
personal care, medication management, activities,
private rooms with private baths and spacious 2
room suites in a safe and secure environment.
Our excellent **Staff Members** can offer you the care
you need and the independence you desire.
.....

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www.bishopnoahome.com



Escanaba
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Bark River
(906) 466-2211

www.crawfordfuneralhomes.net

DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD



For ad info. call 1-800-950-9952 • www.lpiconmunities.com

MDS Community Action Agency, Escanaba, MI

A 4C 01-1371

Wellness Fair

Wednesday, August 13 in the Activities Tent
at the U.P. State Fairgrounds
from 11 a.m. – 2:00 p.m.

Come and celebrate MDSCAA 60th Birthday!

Visit and talk with many vendors about their services.

We will be serving a box lunch at 12 noon.
Lunch will be a Turkey/Ham Sandwich, Cold Salads, Chips,
Birthday Cake, and Milk.

*Suggested donation is \$4.50 for those over 60
and under 60 is \$7.00.*

There will be door prizes given away for those who visit our
vendor tables and have them sign the sheet for verification.

Please call **906-786-8850** to reserve your meal before August 5.



NOTICE

RELOCATION OF THE ADULT DAY SERVICES MEMORY CARE PROGRAM

Same great program moving to the Escanaba Senior Center
located at 225 N. 21st Street, Escanaba on October 1, 2025!



The program is in need of new
furnishings, volunteers
and donations. If interested,
please contact Annie
at (906) 789-2886.
Thank you for your support!



IF YOU HAVE MEDICARE & MEDICAID

... you may qualify
for additional benefits.



Healthcare
Solutions Team®
A Plan for Everyone



**Call me, Margie
The Insurance Gal at:**
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mprestonlyon@myhst.com

212 S 14th St • Escanaba, MI 49829

As an experienced **local** independent agent,
I work for you. Contact me if you'd like to
set up an appointment to learn more about
your specific Medicare health plan options.

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area.
Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Celebration

August 27 at 12 noon

Join us to celebrate the August birthdays by dining in or pick up a lunch of Roast Turkey with Gravy, Mashed Potatoes with Gravy, Diced Carrots, Diced Pears, Dinner Roll, and Pistachio Dessert.

If you have a birthday in August and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in August with a gift inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business. Suggested donation is \$4.50 for the meal. Limit 1 per person.

Call the center to reserve a meal before August 25.

906-786-8850

Medicare Assistance

- ⇒ Are you confused with Medicare?
- ⇒ Do you know someone turning 65 this year?
- ⇒ Do you need help with your drug plan?
- ⇒ Do you know someone in a different state who needs help? I can give them their states info.
- ⇒ See if you qualify for “extra help” with your medications and Part B premiums.
- ⇒ Let us educate you on how Medicare works for you.
- ⇒ We can also help with Medicaid applications and redeterminations.



Call for an appointment
Escanaba Senior Center
906-786-8850

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income.

One set per household—every other month.

New Income guidelines. Call to see if you qualify! 906-786-8850

The next distribution is September 18 at 10 – 11 a.m. at the U.P. State Fairgrounds

DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.
Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.
This is an equal opportunity provider.

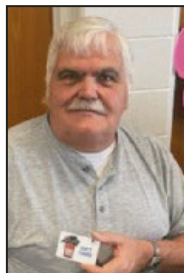
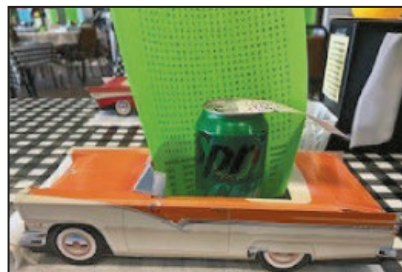


Toe Nail Clinic

The North Woods Home Health Nurses will be at the Escanaba Senior Center on **August 7 & September 11 from 1:00–3:00 p.m.**

Schedule your appointment by calling 786-8850. Cost is \$22 and bring your own bath towel.

Father's Day winners were (left to right) Andrea S., Doug K., Sharon T., and Kate M. Each person received a new car and can of “POP” to celebrate Father's Day!



Above right—Smiles on Wheels was here for oral exams and gave away dental care products for those who participated.



Wellness Fair

Wednesday, August 13 at 11–2 p.m. join us in the Activities Tent at the U.P State Fairgrounds for our Wellness Fair!

Learn about several agencies and area vendors of their services for your wellness!

Also come and help us celebrate Community Action Agency's 60th Birthday! At 12 noon, a cold lunch will be served for a suggested donation of \$4.50 for those over 60.

For people under 60 the cost is \$7.00.

Call ahead to register at 906-786-8850.

Each vendor will be bringing a door prize that will be drawn at 2 p.m. Must be present to win.

Hope to see you there.



Weekly Activities at the Center

BINGO — Tuesday's from 1–3 p.m.

25 cents per card / per game.

CHAIR YOGA — Mondays at 1:00-1:30 p.m. \$5

LINE DANCING — Monday & Thursday from 1-2:30 p.m.

'500' CARDS — Wednesday's from 12:30–3 p.m.

Join us for some activities!



TEFAP USDA Food Distribution

Every Tuesday from 1–3 p.m. at the Escanaba Senior Center.

You will be required to provide your name address, household size, and how you are eligible. Participants must fall at or under 300% of the Federal Poverty Income

guidelines. Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify.

All income is self declared and must be self declared at each distribution in writing or verbally.

You can visit once per calendar month.

This institution is an equal opportunity provider.

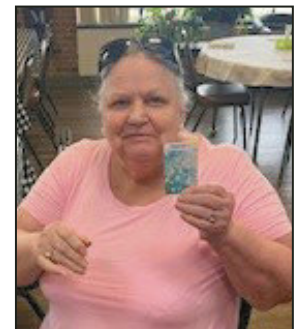


Congregate "June" Birthdays

Mary C. won the flower arrangement from Wickert Floral. Also happy birthday to Gary C., Gerald L., James M., Betty P., and Jody P. Missed getting any photos! Bummer.



Congratulations Birthday Party Winners!



Winners of the June birthday drawing for a gift card to Walmart were Kathy H. and Pam B. (above-left to right) *Congratulations!*



Towel winners were Jody P. and Judy L. (left to right) Thank you Gayle S. for your handmade towel donations.



Join us on Facebook for the up-to-date news, videos, and pictures. Search for Escanaba Senior Center.





We want to see you “Ewe” at the CAA Menominee Senior Center!

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:
Monday through Friday 8:00 a.m. to 3:00 p.m.
Please call at least a day in advance to schedule your bus ride, or to reserve a meal.



Menominee Craft & Bingo Day:
August 21st

The Menominee Recreation Department will be hosting a “Senior Craft & Bingo Day” here at the center on August 21 at 1pm.

All are welcome to attend.

They will supply all the crafts, and have prize bingo to follow. It is always a fun afternoon with these folks. We would appreciate you letting us know if you plan to attend so we may have enough supplies for all by calling the center before August 19.

July Trivia Question: *Who are the presidents that are the faces of Mount Rushmore?*

ANSWER: *Washington, Jefferson, Roosevelt, and Lincoln*



August Trivia Question:

What is the name of a popular state fair food item that is a standard or foot long hot dog dipped in batter and then deep fried to a golden brown.

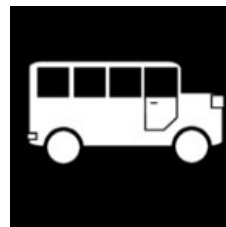
- A.) Corny Doggie
- B.) Pronto Pup
- C.) Corn Dog



Save the date for August 5! “Smiles on Wheels” is coming in August! The mobile oral health unit is coming to Menominee Senior Center on **August 5th at 11 am.** Each participant will have an oral health assessment, including an free oral cancer screening!

No appointment necessary.

Each participant will also receive free oral health aids: toothbrushes, toothpaste, denture supplies, dry mouth products, etc.



Road Trip!
“WELLNESS FAIR” at the U.P. State Fair

August 13 is Wellness Day at the U.P. State Fair. CAA is helping sponsoring the “Wellness Fair” on the fairgrounds. The “Wellness Fair” runs from 11-2pm eastern time. Visit and talk to local vendors about their services. Door prize drawing at 2 pm.

Lunch is available for purchase: Turkey/Ham Sandwich, cold salads, chips, applesauce, birthday cake and milk. Suggested donation for seniors is \$4.50 per meal. Guests under 60 must pay \$7.00 per meal. To reserve your meal, please call: 1-906-786-8850.

We will be offering transportation to and from the fair on this day via our bus. We will be leaving at 9 am from our center. We will return after the door prize drawings at 2 pm. Seating is limited, so reserve your seat in advance. Call the Menominee Senior Center to reserve your bus seat.

August Trivia Answer Entry:

ANSWER:

Your Name: _____

Phone: _____

Winner receives 2 free meal tickets!
One entry per person.
Return to Menominee Senior Center.



Medicare Minutes

By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

Note: MMAP counselors are available year round to help you with your Medicare/Medicaid issues.



Senior Project Fresh: Senior Project Fresh is here again. This year, the program has updated how it distributes the dollar amounts to use at the markets and has gone digital. Please contact the senior center if you have questions. You will need either a smartphone or access to an email address and password to sign up.

Senior Project Fresh is a food program that awards credits that are to be used at participating farm markets for fresh produce. There is no cost for this program, but you must be income eligible, signed up to participate, and vendors must be enrolled in the program to redeem the credits.

Foot Clinic Update:

**Our foot clinic is already full for August 21.
The price will increase to \$27 in August.**

**We hope to have one in September.
We apologize for the inconvenience.
Call and be put on a cancellation list.**

REMINDER: LABOR DAY CLOSURE: Labor Day will sneak up on us fast. It is on September 1st. We will be closed on Monday, September 1st for the Labor Day holiday. Please order meals in advance before August 29 if you need to have one for the day we are closed.



July Birthday Party: Bling Party Theme!

We will be celebrating July birthdays on August 27. If you have a birthday in the month of August and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal menu details. *Please register at least a day in advance or more for your meal.*
This month is a turkey dinner!



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for **11:30am-12:30 pm on Tuesday, September 16.**

This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church.

This is a drive-up distribution.

(If inclement weather happens, please call the center for updated distribution details)

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.

This institution is an equal opportunity provider.

CORPORATION CORNER

We appreciate your patience during the current remodeling of our Senior Center and are confident that the temporary inconveniences will result in improvements that will greatly benefit our senior citizens. As we head into the last days of summer we hope that you take advantage of the outings offered during the remaining warm weather, including the 2025 UP State Fair, music in the park, the farmers markets and more.

The Corporation Board is proud and thankful for the MDS Community Action staff at our Center for the wonderful special events and activities that they provide throughout the week and months for our seniors.

With the warmer weather, invite a friend to come out to attend an activity here with you, and to meet up with both old and new friends

NOTE: Membership is not required to obtain any service and or participate in any activities that are provided week day at the Center by the Menominee, Delta, Schoolcraft Community Action Agency.

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. – 3:00 p.m. at the Gladstone Senior Center

Income based for people 18+ years old.

300% below Federal Poverty Income

You can visit once per month.



This is an equal opportunity provider

Foot Clinic Northwood Nursing

When: August 21

Time: 1:00 - 3:00 p.m.

Cost: \$22.00

Bring your own towel

Call Center at 428-2201 for an appointment



Movie Day

"Bewitched"

Friday, August 15th @ 12:00 p.m.

Popcorn and snacks will be provided
call 428-2201 to sign up.



Craft Day

Tuesday, August 12

12:15- 2:00 p.m.

Call 428-2201 to reserve a spot

Find us on Facebook search
Gladstone Senior center.



Visit MDSCAA.ORG to find all the services
available through Community Action Agency

Birthday Lunch

Wednesday, August 27

Roast Turkey with Gravy
Mashed Potatoes with Gravy
Diced Carrots, Diced Pears
Dinner Roll, and Pistachio Dessert

Call 428-2201 by August 22



Build your own Ice Cream Sundae

Thursday August 7 & August 21

From 12:00 p.m. – 1:00 p.m.

Come cool off with a creamy
ice cream sundae for \$2.00



Pardon Our Mess!

UNDER CONSTRUCTION

UNDER CONSTRUCTION

**RENOVATIONS
UNDER WAY**

*We can't wait for you
to see our new look!*



Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities.

It is open to all over 18 years old.

Ball tickets go on sale at 12:05 p.m. and Early Birds start at 1 p.m.

All funds raised help purchase items for the center.

Plan on coming and joining in on some fun and you may even win some money for yourself!

Hope to see you!

BINGO

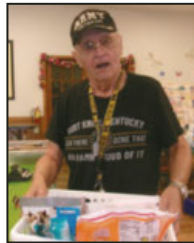
Father's Day

Birthday Lunch

Calvin P



William B



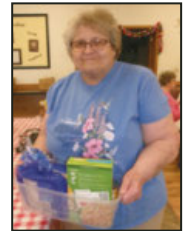
Sally P
Fathers day
50/50



Arlene B



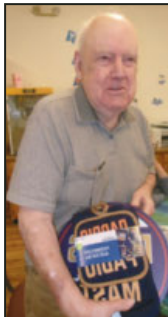
Gerlinda P



Robert M



Donald A



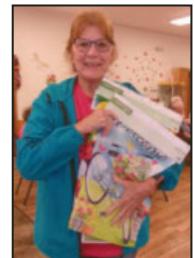
Cindy H
Birthday
50/50



Joan L



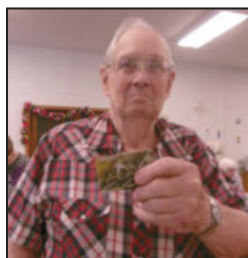
Lynn B



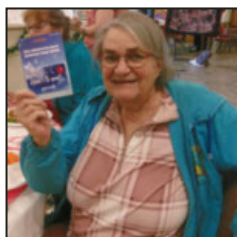
Karl H



Lee A



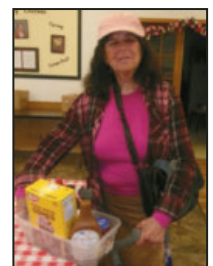
Susette S
Birthday month
Gift Card



Maria L



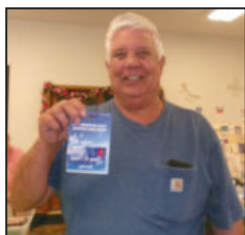
Sharon B



John L



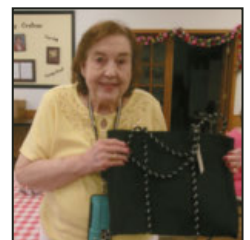
Albert G



Peggy S



Marilyn C





August is here! The heat of summer is on and we are ready for it! This month we celebrate Community Action's 60th Birthday with a pie and ice cream social, we're having a tea party and even a Wellness day at the UP State Fair! And all our usual activities! Busy times! Please come along for some fun—and never fear, the coffee is always on! Come join us soon— Becky 906-356-6420 is our number!

AUGUST EVENTS

SUN 8/10 Corporation Dance!
 WED 8/13 Wellness Tent at the Fair!
 TUES 8/19 Crafts after lunch
 WED 8/20 Tea Party!
 WED 8/27 Birthday Party & Bookmobile!
 And CAA 60th Birthday Celebration!
 SAT 8/30 RUMMAGE SALE!! 9 till 2
 Chair yoga on Mondays & Wednesdays! Exercise on
 Tuesdays & Thursdays! All at 9:30
 Free Black Jack after the Birthday party!
 Please come join us for a dine in or drive thru any
 day! We are open Monday—Thursday!
 Call 356-6420 to sign up for a meal or more
 information!



Thanks to Lois
and Pete for
their beautiful
donation of
raised beds!



We're having a

SUMMER TEA PARTY!

Wednesday, August 20th
10AM

Guest encouraged! And Best Hat wins a prize!
Tea, Scones and more
Call 356-6420 to sign up!



ANNUAL RUMMAGE SALE!!

Saturday, August 30th!
9AM til 2PM!



Volunteers and donations needed!
All proceeds help the senior center!

Come see us when you are in town!

Community Action Agency is turning 60!

And we are going to celebrate this special day
at our Monthly Birthday Party with...

A PIE AND ICE CREAM SOCIAL!!

*Come join us for the August 27th Birthday
Party and enjoy extra prizes and goodies!*

Wednesday, August 27th
11:30 Salad Bar
12:00 Meal
Call and sign up and join us!!

Community Wide Rummage Sales on
August 23rd!

August Craft Day!

Tuesday, Aug 19th
after lunch!
Call & reserve a
spot!!

BOOK MOBILE VISIT!!

Wednesday
8/27
1pm!!



Free BlackJack Game
After the Birthday
Party!!
Join in and Bob takes
care of the rest!!
So much fun!

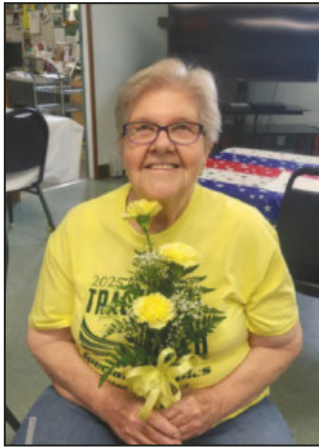


Walking Inside Class
(Leslie Sansone)

Every Tuesday &
Thursday at
9:30 a.m.



Chair
Yoga
Mondays
&
Wednesdays
9:30-10AM



Fun times at the center! Karen won the birthday flowers, the ladies had a great craft, we got our teeth checked. Pete built our ADA picnic table! (bought with our donation from Faith Lutheran Church—thank you!) Check it out outside!



Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Menu subject to change 2% Milk served each day.</i>		1 Spaghetti w/Meat Sauce Brussel Sprouts Italian Vegetables WW Breadstick Chef's Choice Fruit Cup
4 Fiesta Scrambled Eggs Hash Browns Stewed Tomatoes Warm Fruit Compote WW Bread	5 Beef Taco Bake Mexican Corn Oven Potatoes Sweet Yeast Roll Pineapple/Orange Fruit Mix	6 Apple Glazed Pork Chop Mashed Potatoes w/Gravy Chef's Choice Vegetable Mixed Fruit Cup WW Bread	7 Cobb Salad w/Turkey Vegetable Pasta Salad Muffin Fresh Fruit	8 Mushroom & Swiss Burger WW Hamburger Bun Root Vegetable Blend Green Beans Tropical Fruit
11 Swiss Chicken Breast Brown Rice Capi Vegetables Green Peas Chef's Choice Fruit Cup	12 Baked Ham Scalloped Potatoes Chef's Choice Vegetable Pineapple Tidbits WW Bread	13 Corn Dog Succotash Vegetable Potato Salad Caramel Apple Crisp WW Bread	14 Turkey & Swiss Sandwich Creamy Tomato Soup Coleslaw Diced Pears	15 Beefy Tater Tot Casserole Corn Warm Cinnamon Peaches WW Bread
18 Swedish Turkey Meatballs Over Noodles Chef's Choice Vegetable Green Beans Pineapple/orange Fruit Mix	19 French Toast Sausage Bake Oven Potatoes Warm Cinnamon Apples Fruit Juice	20 Meatloaf w/Ketchup Glaze Mashed Potatoes w/Gravy Diced Carrots Fruit Cocktail WW Bread	21 Chicken Taco Salad Corn & Black Beans WW Tortilla Chips Chef's Choice Fruit Cup	22 BBQ Pulled Pork WW Hamburger Bun Boiled Red Potatoes Baked Beans Fresh Fruit
25 Shepherd's Pie Sweet Potato Cubes Fruit Cocktail WW Bread	26 Polish Sausage Sauerkraut WW Hot Dog Bun Succotash Vegetables Sliced Apples	27 Congregate BDay Roast Turkey w/Gravy Mashed Potatoes w/Gravy Diced Carrots; Diced Pears WW Dinner Roll Pistachio Dessert  Limit 1 per person	28 Tuna Salad Spread Croissant Garden Vegetable Soup Copper Penny Salad Chef's Choice Fruit Cup	29 Bourbon Chicken Brown Rice Chef's Choice Vegetable Green Peas Tropical Fruit



A DAY AT THE FAIR

Wednesday, August 13th in the Activities Tent at the U.P. State Fairgrounds from 11 a.m. to 2:00 pm. EST. Join us for a Wellness Fair. Reserve a meal by calling 906-498-7735 sign up for door prizes.



CELEBRATE!



HERE'S TO 50 YEARS OF TRANSPORTATION AT CAA IN MENOMINEE COUNTY! TO THE LEFT IS RENELLE (MSC) & RIGHT IS BRUCE AND HIS GRANDSON LUKE



ALSO THANKS TO AIDE KATHY (LEFT) AND CLIENT VOLUNTEERS SUE, HEATHER AND VIRGIL. WE LOOK FORWARD TO CONTINUED TRANSIT SERVICE IN THE MENOMINEE COUNTY AREA CALL ONE OF THE 3 CENTERS FOR MORE INFORMATION.

PAINTING CLASS will be held on Monday August 11th at 10 a.m. CST at the Center We will be painting a butterfly (picture below) Last months painters are: Ruth, Judy, Sue, Pat, Megan, Karen and Richard.



Hermansville Food Pantry is Open on :
Monday 9-2
Thursday 9-2
Once a month.

CSFP

Monday August 18th 9:00 to 10 a.m. for drive thru. Call the Center if you need yours saved 906-498-7735

TEFAP is 1st Tuesday a month at 1:00 to 3:00 p.m.





Thank you to our volunteer gardeners Aggie & Ruth for sprucing up the flower garden at the entrance of the building!



FUN WAS HAD BY ALL WHO ATTENDED OUR ANNUAL MENOMINEE COUNTY SENIOR CENTER PICNIC AT HENES PARK! THE 50'S/60'S THEME WAS VERY WELL PLAYED OUT. HERE ARE SOME OF THE PHOTO PROPS THAT EVERYONE ENJOYED PARTICIPATING IN. DON'T FORGET OUR BIRTHDAY PARTY ON WEDNESDAY JULY 30TH AT THE CENTER @ 11:30 CDT TO CELEBRATE CAA 60TH BIRTHDAY!

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www.4lpi.com/careers

Renaissance by Rennes
Assisted Living Apartment Community

Celebrating 25 Years of Compassionate Care

The care team at Renaissance by Rennes Assisted Living in Marinette is honored to celebrate 25 years caring for local families. We invite you to stop by for a tour anytime. Enjoy an online tour by scanning the QR code below. Ask about our winter special today!

- Individual Private Apartments
- Medication Monitoring
- Transportation & Outings
- Weekly Housekeeping
- 24-Hour Care Team
- Engaging Daily Activities
- Beauty Salon/Barber Shop & Spa

www.rennesgroup.com

SCAN ME

Transportation is available Monday through Friday from 8am - 3pm with a 24 hour advance notice required.

Need a ride to the Doctor? Dentist?
Have a hair appointment? Need to go shopping?

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Smiles on Wheels Mobile Dental Unit will be at the Mid County Senior Center on Wednesday August 27th beginning at 11 am for **FREE** oral evaluation. This is also our monthly birthday party dinner. Mark your calendars for this special event!



AUGUST ACTIVITIES

August 11- Foot clinic by appointment only. Call the center to schedule an appointment.

August 11- Craft class beginning at 11 am. Craft to be determined. Call the center if you would like to participate.

August 13- Spend the day at the U.P. State Fair! CAA will have a Wellness Fair in the Activities tent from 11a-2p EST. Visit vendors & have a chance to win door prizes. CAA will be serving a box lunch consisting of a turkey/ham sandwich, cold salads, chips, birthday cake & milk for a suggested donation of \$4.50 for those 60+. Call 786-8850 to reserve a meal **BEFORE** August 5.

August 20- Retirement party for Tim Johnson from 1-3p.

August 27- Birthday party dinner with 50/50 raffle, door prizes & bingo. Is your birthday in August? Please notify staff when making your meal reservation so we may honor you!



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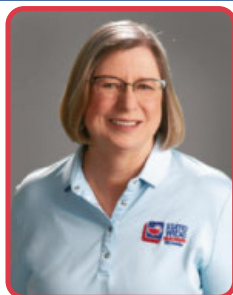
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SAVE THE DATE!

September 18



The Secretary of State mobile unit will be visiting the Mid County Senior Center conducting business this day.

Save the trip to town and utilize this service!

Appointments are necessary and can be made by calling the center

August Birthday Wishes

Jan S.	August 02
Lynda K.	August 03
Elinore W.	August 16
Betty P.	August 20

Belated birthday wishes to Marilyn K. who celebrated her birthday on June 18.



Father's Day Party



The theme was fishing and Harry K. shows off his fishing pole that the craft class made for all the fellas in attendance



Have you seen a new face at the center?

Please welcome Dottie Ihander to our staff.

Dottie started at the end of June and is one of our home delivered meal drivers.

Welcome Dottie!

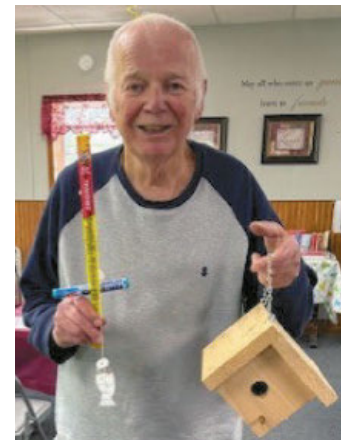
Thank you to everyone who donated items for our first annual rummage sale held at the center on June 5 & 6.

We made \$614.50 which will be used towards our yearly building insurance.

Special thanks to Jan Thoune, Judy Francour, Mary Ann Broberg, Lisa DeMille & Arlene Engel for all your help organizing and working the sale.



Wayne T. shows off his fishing pole and birdhouse which John Thoune made and donated to all the men too! Thanks John!



Please join staff in honoring Tim Johnson on his recent retirement!

Tim retired on July 22 as home delivered meal driver.

We will be serving cake, coffee and punch in honor of Tim from 1-3 pm on Wednesday August 20th.



Special thanks to Heather Harris, library director, for coming to the center to help sign our folks up for Senior Project Fresh & to Tim Martin for donating a case of windshield washer fluid for our vehicles!

August Exercise Dates

Wednesday August 6 @ 11 am

Wednesday August 13 @ 11 am

Wednesday August 20 @ 11 am

Monday August 25 @ 10 am

All are welcome to participate in this low impact class

Coffee and social time to follow





If you are receiving this newsletter and do not wish to anymore, please call 906-786-8850 and give us your address.

Menominee | Delta | Schoolcraft Senior Services

www.mdscaa.org

CAA is an equal opportunity provider and employer.

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AUGUST, 2025 Vol. 12 No. 8**



This month's menu for all senior centers is on PAGE 11



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