MENOMINEE DELTA SCHOOLCRAFT COMMUNITY ACTION AGENCY

SENIOR SERVICES

See page 11 for menu for ALL Senior Centers

Menominee - Delta - Schoolcraft Community Action Agency
Helping People. Changing Lives.

December, 2026 Vol. 13 No. 12
www.mdscaa.org

Escanaba Center
225 N. 21st Street
Escanaba, MI 49829
906-786-8850
Pages 2-5
Open Monday-Thursday
8:00am-3:00pm

Hermansville Center
W5480 1st Street
Hermansville, MI 49847
906-498-7735
Pages 12-13
Open Monday-Thursday
8:00am-3:00pm

Mid-County Center
292 S. US 41
Daggett, MI 49821
906-753-6986
Pages 14-15
Open Monday-Thursday
8:00am-3:00pm

Gladstone Center
303 N. 8th Street
Gladstone, MI 49837
906-428-2201
Pages 8-9
Open Monday-Thursday
8:30am-3:30pm

Menominee Center
905 10th Street
Menominee, MI 49858
908-863-3256
Pages 6-7
Open Monday-Thursday
8:00am-3:00pm

Rock Area Center
3892 W. Maple Ridge 37th Rd
Rock, MI 49880
906-356-6420
Pages 10-11
Open Monday-Thursday
8:00am-3:00pm

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www.bishopnoahome.com

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Escanaba
(906) 786-0074
Bark River
(906) 466-2211
DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD
www.crawfordfuneralhomes.net

All – Staff Training October 2026

Below is our Executive Director Gary Willoughby and Deputy Director, Myra Smeester

MDS CAA is over 200 employees strong. We have services from birth through the golden years. We discussed all the services that are provided at our training. See the group below at our training.













Above are the Escanaba meal drivers and office staff. At left are Senior Services Administrative Staff. At bottom are the RSVP, SCP, and FGP Directors and Staff.



To receive this newsletter by email, visit mycommunityonline.com/organizations/community-action-agency-seniorcenters to subscribe. You can also pick one up at any MDSCAA Senior Center or the Adminstrative Office.



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DAILY PRESS
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906-786-2021 Option 2

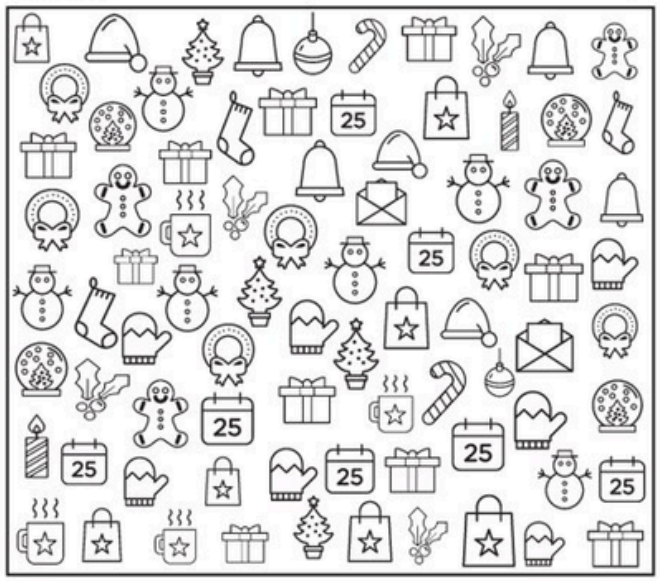


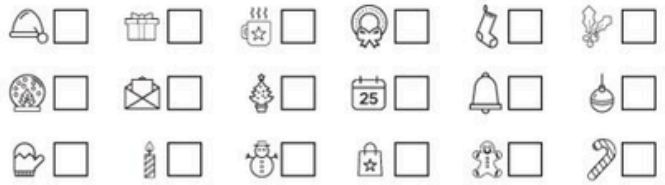
W	E	A	T	H	E	R	W	G	S	F	P	S	F	M
O	H	J	V	O	L	J	O	N	J	V	H	N	J	J
K	F	R	A	C	S	M	E	O	K	O	L	O	M	G
D	R	H	B	P	T	T	D	P	V	B	P	W	W	N
I	E	L	J	Q	T	O	I	E	L	J	Q	F	O	I
W	E	P	N	I	W	K	L	I	P	N	S	L	K	T
S	Z	Q	M	W	Q	D	S	D	Q	M	F	A	D	A
N	I	A	K	S	B	I	U	W	A	K	F	K	I	K
A	N	S	L	I	D	E	I	S	S	L	U	E	W	S
M	G	W	J	C	D	L	L	A	W	J	M	D	S	W
W	W	X	I	D	S	N	O	W	X	I	R	B	U	X
O	C	C	U	F	D	D	P	C	C	U	A	D	D	C
N	V	D	O	M	G	G	N	I	D	D	E	L	S	D
S	B	E	P	I	C	C	R	E	T	N	I	W	C	E
F	S	L	I	P	P	E	R	Y	R	T	A	H	H	R

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

1. Snow
2. Snowman
3. Winter
4. Weather
5. Shovel
6. Cold
7. Freezing
8. Snowflake
9. Slippery
10. Slide
11. Sledding
12. Skating
13. Scarf
14. Hat
15. Earmuffs
16. Mittens

I SPY HOW MANY OF EACH ITEM







IF YOU HAVE MEDICARE & MEDICAID

... you may qualify for additional benefits.

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mprestonlyon@myhst.com
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As an experienced local independent agent, I work for you. Contact me if you'd like to set up an appointment to learn more about your specific Medicare health plan options.

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area.
Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

December Birthday Party

Join us to celebrate December Birthdays Wednesday, December 23 at 12 Noon.

You can dine in or pick up your lunch. We are serving Parmesan Crusted Chicken, Loaded Mashed Potatoes, Candied Carrots, Dinner Roll, and Peach Cake.

If you have a birthday in December and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in December with a gift inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two $10 gift cards from a local business.

Suggested donation is $4.50 per meal, with a limit of one per person.
Call the center to reserve a meal before December 21.

906-786-8850

The Emergency Food Assistance Program (TEFAP) Food Distribution

Every Tuesday from 1-3 p.m. at the Escanaba Senior Center.

You will be required to provide your name, address, household size, and how you are eligible.
Participants must fall at or under 300% of the Federal Poverty Income Guidelines. Current participants of SNAP, WIC, FPDIR, and SSI automatically qualify.
All income is self declared at each visit in writing or verbally. You can visit once per calendar month.

This institution is an equal opportunity provider.

Medicare Assistance

- Are you confused with Medicare?
- Do you know someone turning 65 this year?
- Do you need help with your Part D drug plan?
- Do you know someone in a different state who needs help?
- See if you qualify for "extra help" with your medications and Part B premium.
- Let us educate you on how Medicare works for you.
- We can also help with Medicaid applications and redeterminations.
- Call for an appointment at 906-786-8850.

Weekly Activities

DINE IN MEALS - Monday-Thursday at 11:45 a.m. in dining room.
SIT N Fit - December 14 & 16 at 10:30-11:15 a.m.
LINE DANCING - Monday & Thursdays at 1:00-2:30pm.
BINGO - Tuesday at 1:00-3:00pm. $2.50 per card for 10 games.
'500' CARDS - Wednesday at 12:30-3:00pm



Toe Nail Clinic

The Northwoods Home Health Nurses will be at the Escanaba Senior Center on Thursday, December 3 & January 7 from 1:00pm - 3:00pm

Schedule your appointment by calling 906-786-8850. Cost is $22.
PLEASE bring your own bath towel.

Christmas Celebration

Come and share a Christmas meal and sing Christmas music with us on Wednesday, December 16 at 12 noon.

We will be serving Christmas Turkey & Ham Duo with Pineapple Glaze, Mashed Sweet Potatoes, Green Bean Casserole, Dinner Roll, and Fruit Dump Cake.

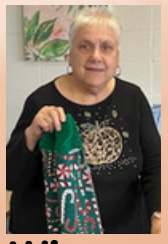
There will be door prizes given away and many laughs. Suggested donation is $4.50 per meal with a limit of one meal per person.

There will be a Christmas sing along with music played by Pete Ammel starting at 12 noon.

Reserve your meal by calling 906-786-8850 before December 14.

Halloween Celebration






Halloween Winners

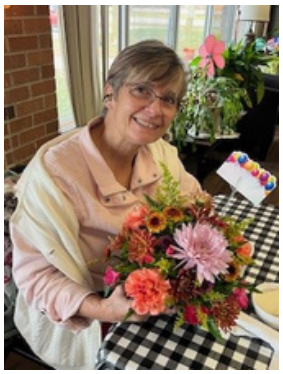
(left to right) Winner are: Gayle S., Sue S., Pat J., Barb C., Cookie G., & Karen F. not pictured. They won a gift card to Hobby Lobby, a dish towel, or a Christian Park bag of goodies.

Call the Escanaba Senior Center for an appointment about your upcoming Medicare decisions for 2027. Open enrollment ends December 7.



Congregate "October" Birthdays

Lou Anne B. won the flower arrangement from Wickert Floral. Happy birthday to others with a birthday in October!

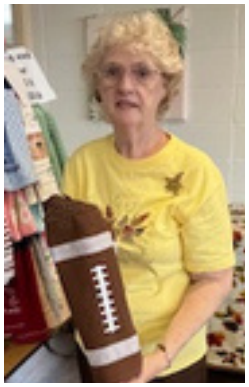



Congratulations Birthday Party Winners!

Winners of the October birthday drawing for a gift card to Dollar Tree were Len & Corrie K. and Judy L. (left to right).




Dish towels were won by Lois E. & Celeste S. (left to right) Thank you Gayle S. for your donation.

Join us on Facebook for up-to-date news, videos, and pictures.



Menominee Senior Center
905 10th Street,
Menominee
906-863-2158

Find us on Facebook!
search for Menominee Senior Center

CAA/Menominee Senior Center
business hours: Monday through Thursday
8 a.m. - 3 p.m.
Please call at least a day in advance to schedule your bus ride, or to reserve a meal.

Reminder: We will be CLOSED for the Christmas holiday December 24 & 25, and also for New Year's on December 31, and 1. Please remember to order an extra meal or a frozen meal in advance if you need for this break in delivery service.

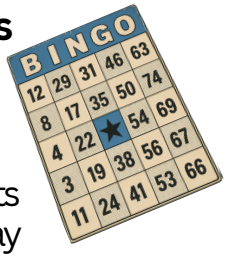


Holiday Party: December 16

The best way to spread Christmas cheer is singing loud for all to hear! So, come down and have fun with us at our Holiday Party! Besides a wonderful meal, we will be singing Christmas carols, hand out door prizes, and Holiday Bingo with Santa after lunch. Call or stop by to reserve your seat at the North Pole! Party begins at noon.



Senior Craft & Bingo Day with the Recreation Department is back!



The Menominee Recreation Department will be here on December 10 at 1pm to bring crafts for you to assemble, and also to play prize bingo. There is no cost for this event, but we ask that you let us know if you will be attending to ensure we have enough supplies for all.



Holiday Movie Day: December 17

We will be showing the movie "Elf" at 1pm. Free snacks and soda will be provided. All are welcome to attend.

November Trivia Question/Answer:

What state in the U.S. sells the most pumpkins-for pies or otherwise?

ANSWER: Illinois sells the most pumpkin and pumpkin canning products in the US.



December Trivia Question:

What is the first name of the misfit elf in "Rudolph the Red Nosed Reindeer?"

December Trivia Answer Entry:

Answer: _____

Your Name: _____

Phone: _____

Winner receives 2 free meal tickets!
One entry per person.
Return to Menominee Senior Center



Medicare Minutes

By Renelle Betters
MMAP Counselor
CAA/Menominee Senior Center

MMAP Counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- Explain insurance coverage in simple terms.
- Assist with appeals when there are issues with billing or claims.
- Help apply for assistance for Medicaid or low-income subsidy programs.
- Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

NOTE: MMAP Counselors are available year round to help you with your Medicare/Medicaid issues.

Medicare Counseling Appointments:
Counseling by appointment only. Please bring your most recent Medicare information with you including your Medicare cards. Also, bring your current list of medications. This will ensure that your appointment will go smoothly. *December 7th is the final date to make changes for some of you for your 2027 Medicare needs.*



Mini New Year's Party

Ring in the New Year 2027 with us at our micro-party on December 30. Just a tiny little soiree to ring in 2027. The ball drops at noon. Tiny hourdourves will be served in addition to the meal. It will be a small event, but a cute way to end 2026.



Happy BIRTHDAY

Our monthly birthday party for December is on December 23. The party begins at noon. For anyone celebrating their December birthday with us, you will receive a small gift, and a free meal certificate. You will have the option to have your photo taken too. Birthday people dining in or taking meals out will also be entered into a drawing for a bouquet of flowers. See menu for the meal details.
Please remember to call in your reservation no later than the day before.

CHARITABLE GIVING: *Feeling* generous this holiday season? Consider donating towards our programs through the MDS/CAA. Your friends and family are perhaps using one of our programs now: Home Delivered Meals, Transportation, or more. Giving back to your local community is a blessing all year round. Donations can be made to: MDS/CAA. Please note in the memo line what program you wish to contribute to. For more information about the programs, or how you can donate, please call or stop by. Or visit our website at mdscaa.org. We would love to share our passion.

We have greeting cards for donation to help spread the holiday cheer. We have bundles available too starting at $1 for 10 cards! Our greeting cards make great gifts for seniors!



Our monthly foot clinics fill up fast. Please call to check our dates and to schedule your appointment. We are doing our best to accommodate everyone by having 2 clinics a month starting in January 2027.

Corporation Corner

We are very happy to have the Center building back to normal (and even better) for the Christmas celebrations this month. We hope that you join in the festivities being held here this season, and that you will invite an old friend or a new friend to join us here too. Best wishes to all for a VERY MERRY CHRISTMAS!

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. - 3:00 p.m. at the Gladstone or Rapid River Senior Center.
Income based for people 18+ year old.
Below 300% Federal Poverty Income.
You can visit once per month.
This is an equal opportunity provider

Foot Clinic Northwood Nursing

When: December 17
Time: 1:00-3:00 p.m.
Cost: $22.00
Bring your own towel
Call Center 428-2201 for Appointment

December Movie Double Feature

December 9
"The man who Invented Christmas"



12:15 Right after lunch

December 16
"The Christmas Carol"
George C. Scott



Craft Day

Tuesday
November 10
at 12:15 p.m.
Call 428-2201 to sign up

Christmas Ugly Sweater Party

Wednesday
December 16
Christmas Turkey & Ham Duo
with Pineapple Glaze
Sweet Potatoes, Green Bean Casserole
Fruit Dump Cake, Dinner Roll

We will be having entertainment by the Reflections Band
Call 428-2201 to reserve a spot by December 14

Birthday Lunch

Wednesday December 23

Parmesan Crusted Chicken
Loaded Mashed Potatoes
Cannied Carrots
Peach Cake
Dinner roll

Call 428-2201 by Dec. 21 to reserve a meal

HAPPY

Wednesday December 30
Come celebrate the New Year with us!

Enjoy Appetizers, desserts,
sparkling "Champagne"
Party favors
And even see the ball drop at 12:00 (noon)

NEW YEAR

Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities. It is open to all over 18 years old. Ball tickets go on sale at 12:05 p.m. and early birds start at 1 p.m. All funds raised help purchase items for the center.

YMCA Sit and be Fit
Monday and Wednesday 10:30 a.m. -11:15 a.m.

Line Dancing
Thursdays 10:00 a.m.-11:00 a.m.

For the twelve days before our Christmas lunch on Wednesday December 16th you will get a chance to win one of the awesome prizes! Every lunch you eat with us gets you a raffle ticket to put in the bucket of the prize you want to win.
Dates to get tickets November 25th & 30th
December 1, 2, 3, 7, 8, 9, 10, 14, 15, & 16th!
Twelve days eating with us=twelve tickets to try and win a prize
Call 428-2201 to reserve a meal and get a ticket!

The Gladstone Senior Center
will be closed for Christmas Eve Thursday December 24,
New Years Eve, Thursday December 31

Halloween Lunch

Tic Tacs



Clowns



John P winner
Halloween 50/50







Nancy L
Birthday Month gift cert.



Skeleton Friends





John L Birthday
50/50 winner



Birthday Lunch

Carol S



Jody J



Oldeda A



Cathy G



Rose K



Patty S



Donna A



Ellen S



Marlene S





December is here and the holidays are in full swing! Don't forget to stop in out of the cold for a nice warm meal or a quick cup of coffee! Check out all we have going this month and please join us! The more, the merrier! Have a wonderful holiday!

Becky



Join us for a Christmas Celebration!

Wednesday, December 16th
11:30 AM

December Events

WED 12/2 Silent Auction Ends
THU 12/3 12 Days of Christmas begins!
MON & WED 12/7 & 12/9 Sit n Fit!
MON 12/7 Book Club at 9:30!
WED 12/9 Check out the ad for Mint Day! 11AM
THU 12/10 Prize Bingo
TUES 12/15 Cookie Exchange & Crafts with Michelle
WED 12/16 Christmas Celebration & Bookmobile!
WED 12/23 Birthday Celebration
WED 12/30 Mini New Year's Fun!
THU 12/24 & 31 Center Closed for the Holidays!

The Center will be closed on 12/24 and 12/30. Merry Christmas and Happy New Year from Becky, Michelle & Mike!

Our Monthly Ingredient Day!

Wed, 12/9
11AM



This month - MINT!!!!
Make something wonderful using the chosen ingredient and join us!

Sit and Be Fit Classes

Monday & Wednesday

12/7 & 12/9

10AM



Book Mobile Visit!

Wednesday, 12/16/26
at 1 p.m.
You can get a library card right on the spot.





Prize Bingo Day!
Thursday
Dec. 10th
A few games before lunch and more after!
Fabulous prizes to be won!

Annual Cookie Exchange

Tuesday, 12/15 10AM

Bring a dozen, take a dozen
Bring 6 doz., take 6!!!

A yearly favorite!!!





BOOK CLUB!!

Monday
December 7th
9:30

Call to join and get a reading list!!

Craft Class!

Tuesday,
12/15/26

after lunch!

Twelve Days of Christmas starts 12/3! Everyone who joins us for lunch from now until Christmas gets entered to win a Christmas Prize! A Prize Given Daily!

Hopping days at the Center!
Too much to tell you & not enough room!
Be sure to check out our Facebook page!
Rock Area Senior Center!



Our own Halloween baby - Donnie! - enjoying some of the busy days at the Center!





Our DECEMBER BIRTHDAY PARTY!! will be Wednesday, Dec. 23rd!



Corporation Dance!
No dance in December!
Merry Christmas!





Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change without notice. *2% Milk served each day.*	**1** French Toast Sausage Bake Oven Potatoes Vegetable Juice Box Red Apple	**2** Swedish Turkey Meatballs over Mashed Potatoes Chef's Choice Vegetable Bread Warm Vanilla Pears	**3** Deli Style Chicken & Cheese, tomato & lettuce Flatbread Coleslaw French Onion Soup Chef's Choice Fruit Cup	**4** CLOSED Order an extra meal ahead of time
7 Mild Orange Chicken Brown Rice Stir Fry Vegetables Chef's Choice Vegetable Pineapple/Orange Cup	**8** Cheese Ravioli Florentine Italian Vegetable Broccoli Chef's Choice Fruit Cup	**9** Meatloaf w/Ketchup Glaze Boiled Red Potatoes Creamed Corn Bread Applesauce	**10** Egg Salad Spread w/lettuce; Bread Cucumber & Tomato Salad Chicken Noodle Soup Diced Peaches	**11** CLOSED Order an extra meal ahead of time
14 Scrambled Eggs w/Cheese Biscuit & Sausage Gravy Oven Potatoes Chef's Choice Fruit Cup Vegetable Juice Box	**15** Chicken Fetticcini Alfredo Price William Vegetables Candied Carrots Breadstick Diced Peaches	**16** Christmas Celebration Limit 1 per person Turkey/Ham w/Pineapple Glaze: Mashed Sweet Potatoes; Green Bean Casserole, Dinner Roll Fruit Dump Cake	**17** Shepherd's Pie Winter Blend Vegetable Stewed Apples Bread	**18** CLOSED Order an extra meal ahead of time
21 Mushroom Swiss Burger Bun Root Vegetable Blend Creamed Corn Chef's Choice Fruit Cup	**22** Beefy Tater Tot Casserole Peas Bread Warm Peaches	**23** Birthday Party Limit 1 per person Parmesan Crusted Chicken Loaded Mashed Potatoes Candied Carrots Dinner Roll;Peach Cake	**24** CLOSED ON CHRISTMAS EVE	**25** CLOSED Order an extra meal ahead of time
28 BBQ Pulled Pork w/ Bun Oven Potatoes Green Beans Diced Pears	**29** Beef Stroganoff Diced Carrots Chef's Choice Vegetable Bread	**30** New Year's Meal Limit 1 per person Cranberry Glazed Pork Chop; Parmesan Red Potatoes; Black-Eyes Peas Chef' Choice Fruit Cup Dinner Roll; Death by Chocolate Poke Cake	**31** CLOSED FOR New Year's	**1** CLOSED 2027 HAPPY NEW YEAR

Merry CHRISTMAS!



To the right we have pictures from Halloween together with the Menominee County Library. We hosted Trick or Treating in the afternoon of our Halloween Party and our clients handed out treats. afterwards. Several of the children stayed and colored. The top photo is of your ever loyal Administrator and her side kick assistant at HSC







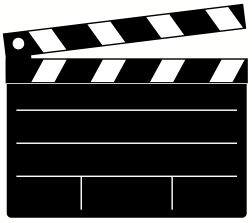








OUR DECEMBER MOVIE WILL BE MONDAY 12-21-26 AT 12:30 AT THE CENTER. LET ME KNOW IF YOU HAVE A FAVORITE YOU WOULD LIKE TO SEE 906-498-7735. WE WILL HAVE PIZZA AND HOLIDAY SNACKS!



No Paint Class For December watch for a new class In January!



Here is Mary Lee with some of the beautiful children's hats she crochets and donates to the Center for those in need. Come check out the selection!





Christmas Party at the Hermansville Senior Center.

Come join in the fun for a holiday meal and a gift exchange. Menu on page 11.

Bring a $10.00 non-gender wrapped gift to exchange if you would like to participate. A fun game where nobody knows who will get what!

Wednesday December 16th at 11:30 am



Northern Lights YMCA
Sit & Get Fit - Senior Class

Dec.ember 28th & 30th
9:00-9:45 CDT
45 minute light strength training class.
LOW IMPACT
Take the ramp to the township conference room.

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December Birthday's

Wilmar (Bill) D.	Dec. 5
Don I.	Dec. 12
Betty O.	Dec. 23
Susie S.	Dec. 25
Glenda K.	Dec. 27
Judy F.	Dec. 30

Belated Birthday wishes to Cheryl T. who celebrated her birthday on Oct. 20



The Senior Center will be closed December 24 & 31 in observance of Christmas & New Year's



Membership dues are currently being accepted for the upcoming fiscal year at the Mid County Senior Center. Dues are $10 per person. Due funds are used to purchase all the little extras we are able to provide for parties.

DECEMBER ACTIVITIES

DECEMBER 1- FOOT CLINIC BY APPOINTMENT ONLY. PLEASE CALL THE CENTER AT 753-6986 TO CHECK AVAILABILITY.

DECEMBER 9- CRAFT CLASS BEGINNING AT 1PM TO MAKE FAVORS FOR THE CHRISTMAS PARTY. IF YOU WOULD LIKE TO STAY FOR LUNCH BEFORE CLASS, JUST GIVE THE CENTER A CALL TO RESERVE YOUR MEAL.

DECEMBER 16- CHRISTMAS PARTY DINNER BEGINNING AT 11AM. PLEASE NOTE EARLIER START TIME. PLEASE ARRIVE BY 10:45 AM TO BE SEATED TO ENJOY THE SPECIAL ENTERTAINMENT BY THE PEPIN'S. PLEASE CALL IN YOUR MEAL RESERVATION BY 12/14.

DECEMBER 23- BIRTHDAY PARTY DINNER WITH FAVORS, DOOR PRIZES, 50/50 RAFFLE, CAKE, ICE CREAM & BINGO AFTER LUNCH!

DECEMBER 30- NEW YEARS PARTY DINNER WITH FAVORS, DOOR PRIZES, 50/50 RAFFLE & BINGO AFTER LUNCH.

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- Carbon Monoxide



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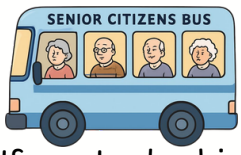


Need a ride?

If you're looking for convenient and reliable transportation options, look no further! Our service is available from Monday through Thursday, between 8 a.m. and 3 p.m., requiring just a 24-hour notice to secure your ride. Whether you have a doctor's appointment, a dental check-up, a hair appointment, or simply need to go shopping, we are here to make your travel hassle-free. With reasonable rates, our friendly and professional team is dedicated to getting you where you need to go. Don't hesitate to reach out to us at 753-6986 to book your ride today. Let us help you stay connected and mobile!

Everyone is invited to our annual Christmas Party Dinner on Wednesday December 16 beginning at 11am with special music provided by The Pepin's
Lunch will be a scrumptious Turkey & Ham dinner with pineapple glaze. mashed sweet potatoes. green bean casserole. whole wheat dinner roll. and fruit dump cake for dessert.
We will be playing the 12 Days of Christmas game with prizes and also "IT". If you would like to play IT.
Please bring 3 small inexpensive wrapped prizes.
The center will furnish the IT prize.
Mark your calendars and see you on December 16!



let's MINGLE & JINGLE





Come check out our fully stocked greeting card rack!



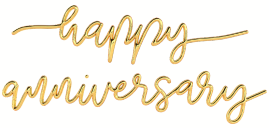
Exercise Dates



Wednesday December 2 @ 11 AM
Wednesday December 9 @ 11 AM
Monday December 14 @ 10 AM
Monday December 21 @ 10 AM
Tuesday December 29 @ 8:45 AM
All are welcome to participate in this low impact class. Coffee and social time to follow
Tuesday & Thursday class will be taught by Northern Lights YMCA
Dates subject to change



Happy 65th Wedding Anniversary to Judy & Harlan Anderson!
Judy & Harlan are long standing members of the senior center and Harlan is a member of our Senior Advisory Council
Congratulations!





A few seniors dressed up for the Halloween party!
Alice F, Arlene E. Christine J., Donna B & Jan T.
Arlene won best costume!

Merry Christmas & Happy New Year from the staff at Mid County!

Becky Thoune Center Administrator
Linda Spaude Center Assistant
Lisa DeMille Center Aide & Transit Driver
Lisa Gaudes Meal Driver
Susie Strazzinski Meal & Transit Driver
Yvonne, Tammy, Cindy, Lisa & Angie Aides



community Action Agency

This monthly newsletter is published once a month at 507 1st Ave. N., Escanaba, MI 49829
906-786-7080
MDSCAA is an equal opportunity provider and employer.

All MDS CAA Senior Centers and the Administrative Office will be closed on December 24, 25 & 31, and January 1 for the Christmas/New Year Holiday.



Dine in at any of our Senior Centers
Dining locations are:
Escanaba, Bark River, Gladstone in Delta County.
Manistique in Schoolcraft County.
Hermansville, Mid-County, and Menominee in Menominee County.
We also have congregate dining at Harbor Tower & West Highland Apartments in Escanaba.
Please call your nearest senior center to reserve your meal. See the front page for phone numbers.



Advertise in Our Newsletter!

Contact Terry Sweeney
tsweeney@4LPi.com
(800) 950-9952 x6407





