

Mary Yagodzinsky

Mary Ann (Steinhoff) Yagodzinski, age 69, of Spalding, Michigan, passed away peacefully at home on April 28, 2026.

Mary was born on October 24, 1956, in Bay City, Michigan, the daughter of Gerald and Elsie Steinhoff.

Raised in lower Michigan, Mary moved with her family to Spalding during her senior year of high school. It was there that she planted roots and built a life with her husband of 34 years, Kevin, her three children, and her three grandchildren.

Mary found joy in a beautiful day on the golf course, family camping trips, and, most of all, time spent as a grandmother. She took great pride in her years of service with the Community Action Agency, providing in-home care to those in need.

She is survived by her husband, Kevin Yagodzinski; her children, Amanda (St. Juliana) Reaser and her husband, David, and their son, Jackson; Jacob St. Juliana and his husband, Taylor Gehrcke; and Megan (Yagodzinski) Kleikamp and her husband, Peter, and their children, Evan and Lily. She is also sur-



vived by her siblings, Barb, Gerald Jr. (Butch), Donna, Kathleen (Kay), and Nancy, along with many nieces and nephews.

Mary will be deeply missed and lovingly remembered by all who knew her.

A celebration of life will take place on Saturday May 9, 2026 at 2:00-5:00 p.m. Central Time, at the Carney American Legion Post #487, 151 US-41, Carney, MI 49812. Eulogy and reflections to begin at 2:30 PM and food and refreshments to follow. We invite all who knew and loved Mary to join us in honoring her memory.

Flowers and condolences may be sent to the Carney American Legion; kindly ensure delivery is made after 11:00 a.m. Central Time.

The Daily Press
05/02/26

Community Action Agency Senior Nutrition Program

May 2026

Home Delivered Meals Monthly Menu

SENIOR CENTER DINING

or

HOME DELIVERY PROGRAM



All meals also come with Bread, Milk, and Margarine. Lunch reservations must be called in the day before by calling from 8:00am-2:30pm at your area local number. Menu modifications may be necessary at times.

Suggested meal donation is \$4.50

The
Daily
Press
05/04/26

Mon, 05/4/26	Tue, 05/5/26	Wed, 05/6/26	Thu, 05/7/26
Swedish Meatballs Egg Noodles Broccoli Sliced Carrots Fruit Cocktail Bread, WW	Beef Taco Bake Corn Spanish Rice Pineapple Tidbits Lettuce, TOM, & Olives Milk, 2%	Chicken Cordon Bleu Loaded Mashed Potatoes Key West Veg Dinner Roll, WW Strawberry Peach Crisp (FR) Milk, 2% Mother's Day Meal 	Cheeseburger Hamburger Bun, WW Oven Potatoes Chef's Choice Veg Chef's Choice Fruit Cup Milk, 2%
Mon, 05/11/26	Tue, 05/12/26	Tue, 05/12/26	Thu, 05/14/26
Salisbury Steak w/Gravy Boiled Yellow Potatoes Green Beans Apple Slices Bread, WW	Chicken Parmesan Spaghetti Noodles, WW Brussel Sprouts Warm Cinn Pears (FR) Side Salad w/Chz & TOM	Chef Salad Dressing Packet Fruit Ambrosia (FR) Muffin Milk, 2%	Meatballs in Brown Gravy Mashed Potatoes w/ Gravy Diced Carrots Chef's Choice Fruit Cup Bread, WW
Mon, 05/18/26	Tue, 05/19/26	Wed, 05/20/26	Thu, 05/21/26
Monterey Chicken Brown Rice Capri Veg Corn Diced Pears Milk, 2%	Pizza Pasta Casserole Peas Diced Beets Peaches mixed with Mandarin Oranges Milk, 2%	Homestyle Meatloaf with Brown Gravy Root Veg Blend Chef's Choice Veg Applesauce Bread, WW	LIMIT 1 Beef Pasty Broccoli Wax Beans Chef's Choice Fruit Cup Milk, 2%
Mon, 05/25/26	Tue, 05/26/26	Wed, 05/27/26	Thu, 05/28/26
MDS CAA Closed Order an extra meal ahead of time! 	Beef Dinner Frank Hot Dog Bun, WW Oven Potatoes Corn Apple Slices Milk, 2%	French Onion Pork Chop Garlic Mashed Potatoes Diced Carrots Diced Pears Dinner Roll, WW Milk, 2%, Lemon Cake Birthday Party 	Spaghetti w/Meat Sauce Brussel Sprouts Warm Peaches Side Salad w/Chz & TOM Milk, 2%

MENU ITEMS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Gladstone and Rapid River Area Call 428-2201 • Rock Area Call 356-6420

Escanaba Area Call 786-8850 • Hermansville Area Call 498-7736 • Manistique Area Call 341-5085

**SAVE
THE
DATE**

MEET. GREET. CONNECT. Business After Hours

Local Professionals Networking Event

Wednesday, May 27th • 5-7PM

At DATA - 2901 27th Ave. N, Escanaba



DAILY PRESS

PARKINSON FOUNDATION SUPPORT GROUP MEETING

ESCANABA — The Michigan Parkinson Foundation support group for Escanaba and the surrounding areas meets the second Tuesday of each month at 1:00 p.m. The next meeting is Tuesday, May 12 at 1 p.m. at the Community Action Agency, 507 1st Ave. North, Escanaba.

Everyone is welcome to attend — people with Parkinson's, their families and caregivers. For more information, call Debra Martin at 906-420-2871 or Dianna Lawson at 906-399-3706.

The Daily Press
05/04/26

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The Daily Press
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The Daily Press
05106126

Senior Citizen News

**Community Action
Agency/Mid-County
Senior Center
P.O. Box 102,
Daggett, MI 49821
906-753-6986
BECKY THOUNE**

YOU NEVER KNOW WHEN AN EMERGENCY WILL ARISE, BUT YOU CAN BE PREPARED

The following definitions are especially important if you have a Medicare Advantage plan. There are certain protections for you if you need emergency or urgent care outside of your plans network.

Emergency medical conditions: symptoms are severe enough that someone with an average knowledge of health and medicine could reasonably expect your health to be in serious danger if you don't get medical attention right away.

Urgently needed care: medically necessary and immediately required because of an unforeseen illness, injury or condition. Not reasonable for you to wait to get

needed care.

Emergency Room Services
Original Medicare covers emergency room services anywhere in the U.S.

Medicare Advantage plans must also cover emergency room services anywhere in the country.

Emergency care should not require an in-network provider or referral.

Follow up care after an emergency is covered if delaying it risks your health.

You can appeal if your emergency care is denied.

Ambulance Coverage

Medicare covers emergency ambulance services. Any situation when your health is in serious danger and you cannot be transported safely by other means.

If your trip is scheduled when your health is not in immediate danger, it is not an emergency.

Emergency care outside the U.S.

Original Medicare and Medicare Advantage usually don't cover medical care outside the U.S. However, both must cover emergency care in certain circumstances:

In Canada while traveling directly between Alaska and another state, and the nearest treating hospital is in Canada

On a cruise ship in U.S. territorial waters (in port or within six hours of a U.S. port).

At a foreign hospital closer to your home than the nearest U.S. hospital (common for those living near the border).

"Skilled Nursing facility" is often shortened to SNF, pronounced like "sniff".

SNF care is post hospital inpatient care. SNFs can be their own facilities, or they can be part of nursing homes or hospitals.

Who is eligible? You were admitted to a hospital as an inpatient for at least three consecutive days. You enter a SNF (Medicare certified) within 30 days of leaving the hospital. You get treatment for the same condition as during your hospital stay. You require skilled nursing care daily or skilled therapy services at least 5 days per week.

What SNF care does Medicare cover?

Days 1-20: Medicare Part A covers the full cost.

Days 21-100: Part A covers some costs, and you pay daily coinsurance.

Days past 100: you pay out of pocket.

What is a benefit period? A benefit period begins the day you are admitted to a hospital or SNF as an inpatient. It ends the day you have been out for 60 days in a row. You can qualify for Medicare coverage for SNF care again after being out for 60 days in a row, which initiates a new benefit period, allowing for 100 new days of care after a three-day qualifying inpatient stay.

If you have long term care insurance, it may cover your SNF stay after your Medicare coverage ends. Check your plan for more details. If your income is low, you may be eligible for Medicaid

to cover your care. Contact your local Medicaid office to check eligibility.

SENIOR CITIZEN ACTIVITIES

May 25 - The center is closed in observance of Memorial Day. We will reopen at 8 a.m. on May 26.

May 27 - Monthly Birthday Party Dinner with 50/50 raffle, door prizes, cake, ice cream and bingo after lunch. If you're celebrating your birthday in May, please notify the office staff when making your meal reservation so we may honor you.

Join us at the senior center; it's a great place to be.

May exercise dates and times

May 15 at 11 a.m.

May 20 at 11 a.m.

Coffee and social time to follow.

Nutrition Menu

May 11 - Salisbury steak w/gravy, boiled yellow potatoes, green beans, apple slices.

May 12 - Chicken Parmesan over whole wheat spaghetti noodles, Brussel sprouts, side salad w/tomato and cheese, warm cinnamon pears.

May 13 - Chef salad with dressing, muffin, fruit ambrosia.

May 14 - Meatballs in brown gravy, mashed potatoes with gravy, diced carrots, chef's choice fruit cup.

All meals are served with bread, margarine and two percent milk. Bread will not be served with rice or noodles. Meal reservations and cancellations must be made by 1 p.m. the previous day. Menu modifications may be necessary at times.

HERMANSVILLE SENIOR CITIZEN MENU WEEK OF MAY 11

Monday - Salisbury steak with gravy, boiled yellow potatoes, green beans, apple slices, whole wheat bread.

Tuesday - Chicken parmesan, whole wheat spaghetti noodles, Brussel sprouts, warm cinnamon pears, side salad with cheese and tomatoes.

Wednesday - Chef salad, dressing, nacker, fruit ambro-

Menominee County
Journal

5/7/26

Manistique Senior Center

Heather Tyner, Activities Director



May is Mental Health Awareness Month. Mental Health Awareness Month began in 1949 by what was known then as the National Association for Mental Health. It is now called Mental Health America (MHA). Mental Health Awareness Month was established to promote mental wellbeing, to reduce stigma, raise awareness, to educate and to provide resources and access to treatment. Mental health is important for every age. It directly affects our quality of life, physical health, social connections, and overall longevity. For seniors with a strong mental well-being, they can experience greater life satisfaction, resilience, and a sense of purpose. In honor of Mental Health Awareness Month Munising Memorial Hospital-Senior Life Solutions will be visiting our Center on Thursday, May 28, for a Mental Health Workshop. After the therapist-led workshop there will be a free, confidential depression screening. The Mental Health Workshop and depression screening will take place from 11:30 a.m. until 12:30 p.m. If you have any questions or would like to talk to someone about your mental health, please reach out to Bonnie Syers at Senior Life Solutions at (906) 387-0701.

Every year Robin Derwin and Jan Wilson volunteer their time to take care of our Center's flower beds. These flower beds line the sidewalks that lead to our front door. Last week the ladies cleaned up the beds by trimming up the perennials and raking the leaves and debris out of them. When it comes time Robin and Jan will plant annuals in-between the perennials. Throughout the summer they water and prune as well. The flowers in bloom add color and beauty, welcoming all into our Center. Thank you kindly, Robin and Jan.

I previously wrote about our Spring Wildflower Walk that Deb LeBlanc will be leading. It will take place on Saturday, May 23, with a meeting time for 2 p.m. at the Jack Pine Lodge. Since then, I thought that it would be nice to have a hike once a month during our warmer weather. Deb LeBlanc was kind and came up with an amazing itinerary of hikes for us June through September.

In June, LeBlanc is taking us for a hike out at the Environmental Lab. Deb will be describing plant community types and which species of plants we will see in that particular plant community. We will meet at the Envi-

ronmental Lab on Saturday, June 27, at 10 a.m. Indian Lake State Park is on our agenda for Sunday, July 19, at 1 p.m. We will be heading down the trail that is off from the boat launch and we will see a different type of habitat than our previous hikes. We may even take in a meal at Flatiron Brewing afterwards. For August we will be taking the ferry over to Grand Island National Recreation Area. We will meet at 9:30 a.m. on Saturday, Aug. 15, for the 10 a.m. ferry. Deb has us taking a picnic at Murray Bay or a fresh white fish meal from the VanLanshoot fish truck. Deb will show us a hidden waterfall and many historic sites. You can hike for as long as you would like and take the ferry back when you are ready. We will end our hiking season on Sunday, Sept. 20, out at Fayette Historic State Park. Deb has us walking the Lantern Lighted Trail, which is around 1.5 miles in length. This is a more rugged trail with exposed roots and some rocks. We may even have time to walk through the ghost town and take an early dinner at The Dock. You will be responsible for any meals during our hikes.

Besides adding hikes to our 2026 calendar, I have added several gigs for our Senior Swingers. Our Senior Swingers will be busy from now until December. They are scheduled to play for Schoolcraft Medical Care Facility, Gladstone Senior Center, Woodland Assisted Living, our own Senior Swinger Potluck in June, LakeHouse Escanaba, Manistique's Independence Day Parade, Folkfest and then finish out the year with our Christmas Concert Potluck with our ukulele group, the Manistiquelele. The Senior Swingers are looking for new band members. You can bring your own instrument, or we have one for you, and we will have a kazoo for you as well. Senior Swingers practice the first and third Wednesdays of the month from 3-4 p.m. Come join the band, and the fun.

Pioneer
Tribune

5/7/26

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The Daily Press
05/07/26

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Daily Press

5/8/26

BRIEFS

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Daily Press

5/9/26

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Daily Press

5/12/26

Manistique Senior Center

Heather Tyner, Activities Director

Our Basic Car Care Class was on Wednesday, May 6. This is the third automotive class that Mr. Calvin Thibault and his Manistique High School automotive students have taught at our Center. Mr. Thibault brought with him Britt Frain, Doug Thomas and Shane Mason. This is an all-around, feel-good activity. There are so many smiles, some laughter and respect shown to one another. This is intergenerational socialization at its finest. Intergenerational socialization is the process of learning and sharing values, skills, and traditions between different age groups, and has wide-ranging positive effects on all individuals involved. The automotive students showed up with confidence and jumped right in without hesitation. Each young man brought a clipboard with a checklist attached and went through it with each senior at their own car. They checked fluids, tires, both the air and tread, and the air filters, both the engine and cabin air filters, and taught the seniors how to do each item as they went. The seniors also had many questions, which the automotive students answered. It was fun to watch. We will have another car care class in November, Get Your Car Ready for Winter. We will have different students; Britt, Doug and Shane are graduating this year. Congratulations young men! We



have no doubt that they will do well.

Under the Sea Prom is this weekend! Tickets are still available and you can wear whatever you are comfortable in. Our Center will be all gussied up with drapes and lights hanging from the ceiling, Beats by Pete DJing the music one more time for us, delicious appetizers by Cedar Street and a photo booth donated by 906 Photo Booth Company. You do not have to dance the night away to have fun; laughter, music and shared memories can make any evening special.

Our Garden Group is heading to the Michigan State University Extension Farm in Chatham on Thursday, May 21. We will be meeting for breakfast at 9:30 a.m. at Cedar Street before carpooling to Chatham at 11 a.m. Abbey Palmer, the MSU Extension Farm's Community Food Systems Educator, will be taking us for a tour around the farm. If you would like to join us for breakfast and the tour, you are more than welcome to. You do not have to be a Garden Group member. We should be back to our Center around 3 p.m. You will have to purchase your

own meal for breakfast.

Also on Thursday, May 21, we have Movie Day at our Center. This month's movie stars Cailey Fleming, Ryan Reynolds, John Krasinski and Fiona Shaw. It is about a 12-year-old girl who discovers she can see everyone's forgotten imaginary friends and joins forces with a neighbor to help them reconnect with their now-grown humans. There is always free popcorn on Movie Day.

Later that evening, on Thursday, May 21, is our Dinner Out. This month for Dinner Out we will be meeting at Big Boy for 5 p.m. We normally have a wonderful group for our Dinners Out, and we are hoping that you join us as well. You will be responsible for your own meal, but as always, the laughter and conversation are free.

Golfing will start in June and will take place every Tuesday, from 4:30-6 p.m., weather permitting. We will have our golf schedule for the season done before June and it will be posted on our Facebook page, Manistique Senior Center, in my Friday emails and in our monthly Newsletter on our calendar. If you would like to join us for golfing, please do. We have all levels that golf. Most of the golf courses that we visit have clubs to borrow and golf balls to purchase. You will be responsible for paying for your own golfing.

Pioneer Tribune

5/14/26

1 of 2



A hands-on Basic Car Care class with the Manistique High School automotive students and their teacher, Mr. Calvin Thibault, took place on May 6. Pictured left to right are, Britt Frain, Carol Wiater, Doug Thomas, Shane Mason, Calvin Thibault and Deb LeBlanc.

Pioneer Tribune

5/14/26

2 of 2

Senior Citizen News

**Community Action
Agency/Mid-County
Senior Center
P.O. Box 102,
Daggett, MI 49821
906-753-6986
BECKY THOUNE**

ORIGINAL MEDICARE AND MEDICARE ADVANTAGE APPEALS

* **What are Medicare appeals?** An appeal is a formal request for review of a decision made by Original Medicare or your Medicare Advantage or Part D plan. If you were denied coverage or authorization for a health service or item, you may appeal the decision.

Before you start your appeal, make sure you fully read all the letters and notices sent by Medicare and or your plan. Call 1-800-MEDICARE (1-800-633-4227) or your private

health or drug plan to learn why your coverage is being denied, if the information was not provided. Your appeal letter should address the reason(s) for denial stated by Medicare or your plan. You can strengthen your appeal by including a letter from your doctor in support of your appeal.

There is more than one level of appeal, and you have the right to continue appealing if you are not successful at the first level. Be aware that at each level there is a separate timeframe for when you must file the appeal and when you will receive a decision. Make sure to file each appeal in a timely manner. If there is a reason you cannot submit your appeal within the timeframe, see whether you are eligible for a good cause extension. Otherwise, your appeal may not be considered.

Keep in mind that an ap-

peal is different from a grievance. A grievance is a formal complaint that you file with your plan about a plans action.

Keep in mind that you will follow a different appeals process than the ones listed below if you are appealing the denial of a Part D covered prescription drug or if you disagree with a hospital's or skilled nursing facility's decision to discharge you or with a home health agency's or hospice decision to end your care.

How can I file a standard appeal with Original Medicare? If you have Original Medicare and your health service or item was denied, you have the right to appeal. An appeal is a formal request you make if you disagree with a coverage or payment decision. Check your Medicare Summary Notice (MSN) to see if Medicare has paid for your services and how much you may owe your provider. If your MSN says that Medicare did not pay for a service, and you think it should, call your doctor to make sure there was not a billing error before appealing.

Note: you can also appeal if you signed an Advance Beneficiary Notice (ABN). An ABN is given to you when a provider or supplier thinks that Medicare might not cover a service or item. Before appealing, make sure that Medicare is billed and that you receive a denial.

You should file an expedited appeal if you disagree with a hospital or skilled nursing facilities plans to discharge you, or if you disagree with a home health's agency or hospices plans to end your care. For all kinds of appeal, you should keep a copy of all documents sent

and received during the process.

SENIOR CITIZEN ACTIVITIES

May 25 - The center is closed in observance of Memorial Day. We will reopen at 8 a.m. on May 26.

May 27 - Monthly Birthday Party Dinner with 50/50 raffle, door prizes, cake, ice cream and bingo after lunch. If you're celebrating your birthday in May, please notify the office staff when making your meal reservation so we may honor you.

Join us at the senior center; it's a great place to be.

May exercise dates and times

May 20 at 11 a.m.

Coffee and social time to follow.

Nutrition Menu

May 18 - Monterey Chicken, brown rice, capri vegetables, corn, diced pears.

May 19 - Pizza Pasta Casserole, peas, diced beets, peaches mixed with mandarin oranges.

May 20 - Homestyle meatloaf w/brown gravy, root vegetable blend, chef's choice vegetable, apple sauce.

May 21 - Beef patty, broccoli, wax beans, chef's choice fruit cup.

All meals are served with bread: margarine and two percent milk. Bread will not be served with rice or noodles. Meal reservations and cancellations must be made by 1 p.m. the previous day. Menu modifications may be necessary at times.

HERMANSVILLE SENIOR CITIZEN MENU WEEK O MAY 18

Monday - Monterey chicken, brown rice, Capri vegetables, corn, diced pears.

Tuesday - Pizza pasta casserole, peas, diced beets, peaches mixed with Mandarin oranges.

Wednesday - Homestyle meatloaf with brown gravy, root vegetable blend, chef's choice vegetable, apple sauce, whole wheat bread.

Menominee County
Journal

5/14/26



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DAILY PRESS

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5/18/26

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Swedish Meatballs Egg Noodles Broccoli Sliced Carrots Fruit Cocktail Bread, WW	Beef Taco Bake Corn Spanish Rice Pineapple Tidbits Lettuce, TOM, & Olives Milk, 2%	Chicken Cordon Bleu Loaded Mashed Potatoes Key West Veg Dinner Roll, WW Strawberry Peach Crisp (FR) Milk, 2% Mother's Day Meal	Cheeseburger Hamburger Bun, WW Oven Potatoes Chef's Choice Veg Chef's Choice Fruit Cup Milk, 2%
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Salisbury Steak w/Gravy Boiled Yellow Potatoes Green Beans Apple Slices Bread, WW	Chicken Parmesan Spaghetti Noodles, WW Brussel Sprouts Warm Cinn Pears (FR) Side Salad w/Chz & TOM	Chef Salad Dressing Packet Fruit Ambrosia (FR) Muffin Milk, 2%	Meatballs in Brown Gravy Mashed Potatoes w/ Gravy Diced Carrots Chef's Choice Fruit Cup Bread, WW
Mon, 05/18/26	Tue, 05/19/26	Wed, 05/20/26	Thu, 05/21/26
Monterey Chicken Brown Rice Capri Veg Corn Diced Pears Milk, 2%	Pizza Pasta Casserole Peas Diced Beets Peaches mixed with Mandarin Oranges Milk, 2%	Homestyle Meatloaf with Brown Gravy Root Veg Blend Chef's Choice Veg Applesauce Bread, WW	LIMIT 1 Beef Pasty Broccoli Wax Beans Chef's Choice Fruit Cup Milk, 2%
Mon, 05/25/26	Tue, 05/26/26	Wed, 05/27/26	Thu, 05/28/26
MDS CAA Closed Order an extra meal ahead of time! 	Beef Dinner Frank Hot Dog Bun, WW Oven Potatoes Corn Apple Slices Milk, 2%	French Onion Pork Chop Garlic Mashed Potatoes Diced Carrots Diced Pears Dinner Roll, WW Milk, 2%, Lemon Cake Birthday Party	Spaghetti w/Meat Sauce Brussel Sprouts Warm Peaches Side Salad w/Chz & TOM Milk, 2%

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Escanaba Area Call 786-8850 • Hermansville Area Call 498-7736 • Manistique Area Call 341-5085

Daily Press

5/18/21

Manistique Senior Center

Heather Tyner, Activities Director

Our Self-Defense Class that was taught last Wednesday, May 13, aimed at boosting personal safety and confidence. The session, led by Bushido Karate instructors Sensei Matt Flynn and Sensei Wanda Lemaster, combined practical techniques with empowering discussions about situational awareness. Over two hours, attendees learned how to deescalate a situation, break free from common holds, use their voice as a deterrent, self-defense techniques and even how to fall safely if needed. Both Senseis emphasized that self-defense is as much about prevention, encouraging participants to trust their instincts and understanding that walking away is the best self-defense. This is the second Self-Defense Class that Bushido Karate has taught at our Center and they will be back again next May for another class. Bushido Karate also teaches our Tai Chi classes every Monday, from 5-5:30 p.m. They welcome all ages and cost \$10 per person.

Our Spring Wildflower Walk is this Saturday, May 23. We are meeting at the Jack Pine Lodge at 2 p.m. We will then carpool over to Miners Castle Road. Deb LeBlanc is kindly leading our Spring Wildflower Walk and has assured me that the timing is perfect for the wildflowers. Deb has a list of over 30 flower varieties that we should be able to see. We will make several stops along Miners Castle Road and walk over to the blooms of native flowers. There will be one or two walks into the woods to see a few more. Deb has also planned for us to stop at the Pictured Rocks Trading Post for ice cream along our route. After our Spring Wildflower Walk, we will then head back to Jack Pine Lodge for an early dinner. You will be responsible to pay for your ice cream and dinner. Deb will



do not have to RSVP for any of our Monthly Hikes with Deb.

Our Center is closed on Monday, May 25, in observance of Memorial Day. We sincerely thank those in uniform serving today and to those who have served in the past.

On Tuesday, May 26, the Secretary of State Mobile Office is coming to our Center. The SOS Mobile Office will be here from 11 a.m. to 1 p.m. and they offer a variety of vital services; processing driver's license and state ID applications, corrections and renewals; disability parking placard applications, renewals and replacements; and vehicle title and registration transactions. To make an appointment for the Mobile Office, please call our Center at (906) 341-5923.

Our Monthly Meal with Don, Karen and me will take place on Wednesday, May 27, at noon. The Community Action Agency ladies will be cooking us French onion pork chop, garlic mashed potatoes, diced carrots, diced pears, whole wheat dinner roll, lemon cake, served with a carton of 2% milk. Lunch is done on a donation basis, with the suggested donation \$4.50 for 60 and up, and \$7 for under 60. We always have a fabulous turnout for our Monthly Meals. Please call the kitchen by 8 a.m. that morning to let them know that you are joining us as well at (906) 341-5085



Courtesy photo

A self-defense class was taught on May 13 by Bushido Karate. Pictured is Sensei Matt Flynn and Marce Creeden.



Courtesy photos

Above at left is Nancy Sherman with Sensei Matt Flynn. At right is Lin Dziedzic with Sensei Wanda Lemaster. Below, Anna McKay works with Sensei Wanda Lemaster as Marge Curtis gets instruction from Sensei Matt Flynn.



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May

21

2026

Senior Citizen News

**Community Action
Agency/Mid-County
Senior Center
P.O. Box 102,
Daggett, MI 49821
906-753-6986
BECKY THOUNE**

ORIGINAL MEDICARE AND MEDICARE ADVANTAGE APPEALS

1. Start your appeal by following the appeal instructions listed on your MSN or Redetermination Request form. This includes circulating the denied service listed and filling out the shaded section at the end of the MSN. Then, send your appeal to the Medicare Administrator Contractor (MAC) within 120 days of the date on your MSN. (The MAC's name and address are listed in the shaded section of your MSN). This will start your appeal. The MAC should decide within 60 days.

If your provider sends you a bill for this service, let your provider's billing office know that you are in the process of appealing Medicare's coverage decision.

If you have a good reason for missing your appeal

deadline, you may be eligible for a good cause extension.

2. If your appeal is successful, your service or item will be covered. If your appeal is denied, you can move on to the next level by appealing to the Qualified Independent Contractor (QIC) within 180 days of the date listed on the MAC denial letter. The QIC may go by a different name in your area. Follow the instructions on the MAC denial notice to file your appeal. The QIC should decide within 60 days.

3. If your QIC appeal is successful, your service or item will be covered. If your appeal is denied and your health service or item is worth at least \$200 in 2026, you can choose to appeal to the Office of Medicare Hearings and Appeals (OMHA) level. You must file your OMHA level appeal within 60 days of the date on your QIC denial letter. If you decide to appeal to the OMHA level, you may want to contact a lawyer or legal counsel organization to help you with this or later steps in your appeal, but this is not required. OMHA should decide within 90 days.

4. If your appeal to the OMHA level is successful,

your service or item will be covered. If your appeal is denied and your health service or item is worth at least \$200 in 2026, you can choose to appeal to the council within 60 days of the date on your OMHA level denial letter.

You may not receive an OMHA level decision letter within 90 days. If your appeal has spent more than 90 days at the OMHA level, you can ask OMHA to move the appeal to the next level (the council). Speak to an attorney to see if proceeding directly to the council may be appropriate for you.

5. If your appeal to the council is successful, your service or item will be covered. If your appeal is denied and your health service or item is worth at least \$1,960 in 2026, you can choose to appeal to the Federal District Court within 60 days of the date on your council letter. There is no timeframe for the Federal District Court to decide.

How can I file a pre-service standard appeal with my Medicare Advantage plan? If you have a Medicare Advantage plan and you were denied coverage or authorization for a health service or item before you received the service or item, you can appeal to ask your plan to reconsider its decision. Follow the steps below if you feel that the health service or item should be covered by your plan.

Note: you will follow different appeal processes and timeline if your plan denied coverage for care you have already received or a prescription drug.

Before you start your appeal, you will need to get an official written decision from your plan, called a Notice of Denial of Medical Coverage. You are typically **first** told verbally that your plan will not cover a service or item when you or your doctor call to confirm coverage **before**

If the plan tells you that the service or item will **not** be covered, they should also send you the Notice of Denial of Medical Coverage. You should receive this written denial within 14 days.

You can request a fast (expedited) appeal if you

standard timeline for appeal decisions. If your plan approves your request to expedite, it should issue a decision within 72 hours. For this and the following levels of appeal, your doctor can ask that the plan follow the expedited timeline.

Start your appeal by following the instructions on the Notice of Denial of Medical Coverage. Make sure to file your appeal within 60 days of the date on his notice. You will need to send a letter to your plan explaining why you need this service or item. You may also want to ask your doctor to write a letter of support explaining why you need care and addressing the plan's concerns. Your plan should decide within 30 days. If you file an expedited appeal, your plan should decide within 72 hours.

SENIOR CITIZEN ACTIVITIES

May 25 - The center is closed in observance of Memorial Day. We will reopen at 8 a.m. on May 26.

May 27 - Monthly Birthday Party Dinner with 50/50 raffle, door prizes, cake, ice cream and bingo after lunch. If you're celebrating your birthday in May, please notify the office staff when making your meal reservation so we may honor you.

Join us at the senior center; it's a great place to be.

Nutrition Menu

May 25 - The center is closed in observance of Memorial Day; no home delivered or congregate meals will be served.

May 26 - Beef dinner frank/whole wheat hot dog bun, oven potatoes, corn, apple slices.

May 27 - French onion pork chop, garlic mashed potatoes, diced carrots, diced pears, whole wheat dinner roll, lemon cake (Birthday Party Dinner).

May 28 - Spaghetti w/meat sauce, Brussel sprouts, side salad w/cheese tomato, warm peaches.

All meals are served with bread, margarine and two percent milk. Bread will not be served with rice or noodles. Meal reservations and

Menominee
County Journal
5/21/26



MEET. GREET. CONNECT. Business After Hours
Local Professionals Networking Event

Wednesday, May 27th • 5-7PM

At DATA - 2901 27th Ave. N, Escanaba



Daily Press

5/21/26

BRIEFS

DANCE IN ROCK

ROCK — A dance will be held at the Rock Community/Senior Center, located at 3892 West Mapleridge Road, on June 14 from 1 p.m. to 4 p.m. Live music will be performed by the Ghost Riders. Lunch will be served. Proceeds benefit the senior corporation. For more information, call Lucy at 906-356-6459.

Daily Press

5/22/26

Community Action Agency Senior Nutrition Program

May 2026

Home Delivered Meals Monthly Menu SENIOR CENTER DINING or HOME DELIVERY PROGRAM



All meals also come with Bread, Milk, and Margarine. Lunch reservations must be called in the day before by calling from 8:00am-2:30pm at your area local number. Menu modifications may be necessary at times.

Suggested meal donation is \$4.50

Dail,
Press

5/23/26

Mon, 05/4/26	Tue, 05/5/26	Wed, 05/6/26	Thu, 05/7/26
Swedish Meatballs Egg Noodles Broccoli Sliced Carrots Fruit Cocktail Bread, WW	Beef Taco Bake Corn Spanish Rice Pineapple Tidbits Lettuce, TOM, & Olives Milk, 2%	Chicken Cordon Bleu Loaded Mashed Potatoes Key West Veg Dinner Roll, WW Strawberry Peach Crisp (FR) Milk, 2% Mother's Day Meal 🌸	Cheeseburger Hamburger Bun, WW Oven Potatoes Chef's Choice Veg Chef's Choice Fruit Cup Milk, 2%
Mon, 05/11/26	Tue, 05/12/26	Tue, 05/12/26	Thu, 05/14/26
Salisbury Steak w/Gravy Boiled Yellow Potatoes Green Beans Apple Slices Bread, WW	Chicken Parmesan Spaghetti Noodles, WW Brussel Sprouts Warm Cinn Pears (FR) Side Salad w/Chz & TOM	Chef Salad Dressing Packet Fruit Ambrosia (FR) Muffin Milk, 2%	Meatballs in Brown Gravy Mashed Potatoes w/Gravy Diced Carrots Chef's Choice Fruit Cup Bread, WW
Mon, 05/18/26	Tue, 05/19/26	Wed, 05/20/26	Thu, 05/21/26
Monterey Chicken Brown Rice Capri Veg Corn Diced Pears Milk, 2%	Pizza Pasta Casserole Peas Diced Beets Peaches mixed with Mandarin Oranges Milk, 2%	Homestyle Meatloaf with Brown Gravy Root Veg Blend Chef's Choice Veg Applesauce Bread, WW	LIMIT 1 Beef Pasty Broccoli Wax Beans Chef's Choice Fruit Cup Milk, 2%
Mon, 05/25/26	Tue, 05/26/26	Wed, 05/27/26	Thu, 05/28/26
MDS CAA Closed Order an extra meal ahead of time! 	Beef Dinner Frank Hot Dog Bun, WW Oven Potatoes Corn Apple Slices Milk, 2%	French Onion Pork Chop Garlic Mashed Potatoes Diced Carrots Diced Pears Dinner Roll, WW Milk, 2%, Lemon Cake Birthday Party 🎂	Spaghetti w/Meat Sauce Brussel Sprouts Warm Peaches Side Salad w/Chz & TOM Milk, 2%

MENU ITEMS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Gladstone and Rapid River Area Call 428-2201 • Rock Area Call 356-6420
Escanaba Area Call 786-8850 • Hermansville Area Call 498-7736 • Manistique Area Call 341-5085



Courtesy photo

The Daily Press, Delta Area Transit Authority (DATA) and the Menominee-Delta-Schoolcraft Community Action Agency (MDSCAA) will be partnering to host Business After Hours this Wednesday at DATA, 2901 27th Ave. N, Escanaba, from 5 to 7 p.m.

Daily Press
5/23/26

Local professionals invited to attend Business After Hours

Community to meet Daily Press editor

By SOPHIE
VOGELMANN

Staff writer

ESCANABA - This Wednesday, the Daily Press, Delta Area Transit Authority (DATA) and the Menominee-Delta-Schoolcraft Community Action Agency (MDSCAA) will be partnering to host Business After Hours, a networking event for local professionals.

The event will be held at DATA, 2901 27th Ave. N, Escanaba, on Wednesday, May 27 from 5 to 7 p.m. and will feature raffle prizes, food from Bobaloons Cafe in Escanaba, refreshments from Pikes and Binks and ample opportunities to connect with area business leaders.

"We're excited to host Business After Hours and appreciate the opportunity to connect with community members and local organizations in a relaxed networking environment," said Amy Fudala, DATA's mobility manager. "Events like this are a great way to build relationships, share ideas and strengthen community partnerships."

Additionally, attendees will have the chance to meet the new editor of the Daily Press, Liam Houston.

Houston is originally from the metro Detroit area but considers himself an honorary Yooper due to his time living in Houghton while studying at Michigan Technological University (MTU). At MTU, he completed a bachelor's degree in scientific and technical communication and a master's degree in applied cognitive science and human factors.

He also has a background in collegiate journalism, having served as the layout and production manager for The Lode, MTU's student newspaper.

"A newspaper works to serve its community," Houston said. "I am eager to meet local professionals and better know the community of Escanaba so that I may help the Daily Press continue to fulfill its function."

Houston looks forward to working with Escanaba's established reporters and members of the community to continue the paper's mission of quality local journalism and maintaining a civil forum for public discourse.

Briefs

DANCE IN ROCK

ROCK — A dance will be held at the Rock Community/Senior Center, located at 3892 West Mapleridge Road, on June 14 from 1 p.m. to 4 p.m. Live music will be performed by the Ghost Riders. Lunch will be served. Proceeds benefit the senior corporation. For more information, call Lucy at 906-356-6459.

Daily Press

5/26/26

BRIEFS

BUSINESS AFTER HOURS

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The event will be held at DATA, 2901 27th Ave. N, Escanaba, today from 5 to 7 p.m. and will feature raffle prizes, food from Bobaloons Cafe in Escanaba, refreshments from Pikes and Binks and ample opportunities to connect with area business leaders.

Daily Press
5/27/26.

Business After Hours to be held today

This evening, the Daily Press, Delta Area Transit Authority (DATA) and the Menominee-Delta-Schoolcraft Community Action Agency (MDSCAA) will be partnering to host Business After Hours, a networking event for local professionals. The event will be held at DATA, 2901 27th Ave. N, Escanaba, from 5 to 7 p.m. and will feature raffle prizes, food from Bobaloons Cafe in Escanaba, refreshments from Pikes and Binks and ample opportunities to connect with area business leaders.

Daily Press
5/27/26

Our Under the Sea Prom on Saturday, May 16, was nothing short of magical; an evening full of dancing, laughter and fun. Beats by

meantime, we can dance the night away at our Saturday Night at the Center dances.

The next one will be Saturday, June 27, 7-10 p.m.

Our Garden Group took a ride out to Michigan State University's North Farm in Chatham on Thursday, May 21. We had a few other individuals join us that are not part of our group but were curious and wanted to take the tour. Miranda Fletcher, a young lady that started off as an intern with the MSU Extension in Chatham, walked us around the buildings on the North Farm. Miranda told us the history of the farm, what MSU's farms in Chatham main objectives are and how they process the food that they grow to be sold. Our group was also able to check out a few of the homemade vegetable cleaning and drying apparatuses. They were quite clever.

Pete, DJ Shaun Peterson, kept us on the dance floor all night long with musical hits from all the decades. Our bartender, Susan Studinger, not only looked the part with her black tux and glittery pink bow tie but served the drinks with a smile. Cedar Street Cafe's appetizers were as delicious as the spread was impressive. And 906 Photo Booth Company not only donated the photo booth to use, but keepsake keychains as well. Jennifer Lampin, the owner of 906 Photo Booth Company also donated her time to help us with both the printing of the pictures and the making of the keychains. It truly was a spectacular evening because of each of these businesses. Our next prom will not be until May 2027. In the

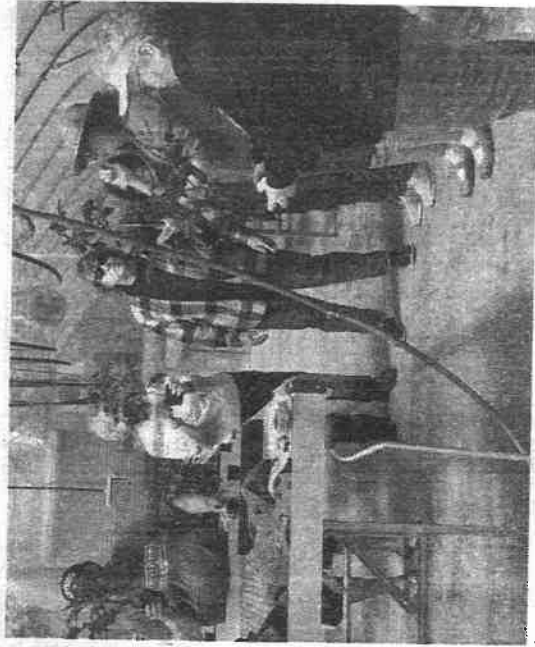
Once Abbey Palmer, MSU Extension's Community Food Systems Educator, was available she walked us over to the North Farm's greenhouse. Abbey taught us about seed varieties, such as hybrid, heirloom, and organic seeds. She also gave us growing tips, which plants grow best with each other and how many plants we are able to grow in our 4'x2' raised beds. Once our Garden Group chose which transplants we were taking back to our Center with us, Abbey gave us a tour of the North Farm's root cellar, which was built in 1931. Thank you kindly to Miranda, Abbey and the MSU Extension North Farm for the guided tours and transplants for our new raised beds.

Our new garden area is really coming along nicely. Tim Derwin reached out to John Osterhout, owner of J.O. Backhoe Service, and asked if John would help us to smooth out our garden area. John volunteered his time, labor and equipment to remove the sod from a 16'x17' area from our lot

that the Center owns, which is located next to our building. We did have gravel donated from Carneuse that was going to be put down in the area, but John thought that cement would work better for our purpose. John then reached out to Brent Tillman and Nick Bosanic, of B&N Concrete, to asked if they would help as well. Brent and Nick will be donating their labor by forming the area, pouring and finishing our new cement garden area with a broom finish so that it will not be slippery when wet. John will be donating two yards of cement, out of the four yards that will be needed. The other two yards are being donated by Charlemagne, along with part of our fencing needs and may be a chair or two to sit and enjoy our new beautiful area.

Another issue that we needed a solution to, besides the uneven ground, are the deer. Tim then reached out to D&D Lumber, and they will be donating the fence needed. One of our last problems is the topsoil needed to fill our 9 raised beds that

we were able to purchase with the Schoolcraft Community Foundation (SCCF) grant. Judy Lucas asked Jason Desjarden, of Desjarden Excavating Inc., for the topsoil, and he kindly agreed. Our Garden Group would like to thank each one of these generous individuals in making our Center a more beautiful place.



Courtesy photo
The Manistique Senior Center's Garden Group toured the MSU North Farm's greenhouse on May 21. Pictured from left to right are, Tim Derwin, Carol Wiater, Judy Lucas, Susan Studinger, Abbey Palmer and Gwen Foor.

Pioneer Tribune

5/28/26

Manistique Senior Center

Heather Tyner, Activities Director

Senior Citizen News

**Community Action
Agency/Mid-County
Senior Center
P.O. Box 102,
Daggett, MI 49821
906-753-6986
BECKY THOUNE**

ORIGINAL MEDICARE AND MEDICARE ADVANTAGE APPEALS

If the appeal is successful, your service item will be covered. If your appeal is denied, you should receive a written denial notice. Your plan should also automatically forward your appeal to the next level, the Independent Review Entity (IRE). The IRE should decide within 30 days of the date on your plan's denial notice. If you file an expedited appeal, the IRE should decide within 72 hours.

If your plan misses the 30-day decision deadline, your appeal will be considered denied, and your plan should automatically forward your appeal to the IRE.

If your appeal to the IRE is successful, your service or item will be covered. If your IRE appeal is denied and your service or item is worth at least \$200 in 2026, you can choose to appeal to the Office of Medicare Hearings and Appeals (OMHA) level. You must file your OMHA level appeal within 60 days of the date on your IRE denial letter. If you decide to appeal to the OMHA level, you may want to contact a lawyer or legal counsel organization to help you with this or later

steps in your appeal, but this is not required.

If your appeal to the OMHA level is successful, your service or item will be covered. If your appeal is denied and your service or item is worth at least \$200 in 2026, you can appeal to the Council within 60 days of the date on your OMHA level denial letter. There is no decision timeframe for the Council denial letter. There is no timeframe for the Federal District Court to decide about your appeal.

How can I file an appeal with my Medicare Advantage plan? If you have a Medicare Advantage plan and are denied coverage for a health service or item that you have already received, you may choose to appeal to ask your plan to reconsider its decision. Follow the steps below if you think the denied health service or item should be covered by your plan.

1. You should receive a written notice from your plan stating that it does not cover your health service or item. This can either be an Explanation of Benefits (EOB) or a notice titled Notice of Denial of Payment. The notice should explain what you need to appeal and the reason your care is not being covered.

Remember, an EOB is not a bill. If your EOB states that a service was not paid for by your plan, call your plan to ask why. It may be a billing or coding error. If it is a denial, you should begin your appeal.

2. Start your appeal by following the instructions on the notice you received from your plan. Make sure to file your appeal within 60 days of the date on the notice. You will most likely need to send a letter to the plan explaining why you needed the service you received. You may also want to ask your doctor to write a letter of support, explaining why you need care and addressing the plan's concerns. Your plan should decide within 60 days.

If you have a good reason for missing your appeal deadline, you may be eligible for a good cause extension.

3. If your appeal is successful, your service or item will be covered. If your appeal is denied, you should receive a written denial notice. Your plan should automatically forward your appeal to the next level, the Independent Review Entity (IRE). The IRE should decide within 60 days of the date on your plan denial notice.

If your plan misses the 60-day decision deadline, your appeal will be considered denied, and your plan should automatically forward your appeal to the IRE.

4. If your appeal to the IRE is successful, your service or item will be covered. If your IRE appeal is denied and your care is worth at least \$200 in 2026, you can choose to appeal to the Office of Medicare Hearings and Appeals (OMHA) level. You must file your OMHA level appeal within 60 days of the date on your IRE denial letter. If you decide to appeal to the OMHA level, you may want to contact a lawyer or legal counsel to help you with this or later steps in your appeal, but this is not required.

5. If your appeal to the OMHA level is successful, your service or item will be covered. If your appeal is denied and your health service or item is worth at least \$200 in 2026, you can appeal to the Council within 60 days of the date on your OMHA level denial letter. There is no decision timeframe for the Council to decide.

6. If your appeal to the council is successful, your care will be covered. If your appeal is denied and your

June 22 at 10 a.m.

SENIOR CITIZEN ACTIVITIES

June 4 and 5 - Rummage sale fundraiser.

June 11 and 22 - Foot clinic by appointment only; call the center to schedule. These dates fill up immediately.

June 15 - Craft class at 1 p.m. to construct Father's Day favors.

June 17 - Father's Day party dinner with door prizes, 50/50 raffle and bingo after lunch. All are welcome.

June 24 - Monthly birthday party dinner with door prizes, 50/50 raffle, cake, ice cream and bingo after lunch. Please notify the staff if you are celebrating your birthday in June so we may honor you.

A day trip is in the works for July 30, to attend the summer concert series in Iron Mountain. A fun day is planned; bring a lawn chair, enjoy the music and grab a bite to eat at the food trucks.

Join us at the senior center; it's a great place to be.

Nutrition Menu

June 1 - Swiss chicken, brown rice, chefs' choice vegetable, diced carrots, fruit cocktail.

June 2 - Beef goulash, green beans, stewed apples.

June 3 - Scalloped potatoes with diced ham, corn, pineapple tidbits.

June 4 - Crab chef salad, mandarin beet salad, whole wheat breadstick, chefs' choice fruit cup.

All meals are served with bread; margarine and two percent milk. Bread will not be served with rice or noodles. Meal reservations and cancellations must be made by 1 p.m. the previous day. Menu modifications may be necessary at times.

HERMANSVILLE SENIOR CITIZEN MENU WEEK OF JUNE 1

Monday - Swiss chicken, brown rice, chef's choice vegetables, diced carrots, fruit cocktail.

Tuesday - Beef goulash, green beans, stewed apples, whole wheat bread.

Wednesday - Diced ham, scalloped potatoes, corn.

Menominee
County
Journal
5/28/26



Daily
Press
5/29/26

1 of 3

R. R. BRANSTROM/Daily Press

People socialize at the Delta Area Transit Authority headquarters for the Chamber of Commerce's Business After Hours event.

Services and partnerships highlighted at Business After Hours

By R. R. BRANSTROM

Staff writer

ESCANABA

Wednesday evening's Business After Hours, cohosted by three local organizations, provided over 100 attendees with social time, networking opportunities, education about programs, multiple raffle drawings, food and drink.

Business After Hours (BAH) is a recurring event organized through the Delta County Chamber of Commerce, always held from 5 to 7 p.m. Each month, a different Chamber member (or members) sponsor the event, the location of which also changes each month. Open to the public, BAH offers businesspeople and patrons



Photo courtesy of Mark Ammel

A massive amount of meat and cheese and more, provided by Bobaloons, fed the approximately 125 attendees of this month's Business After Hours.

the opportunity to learn about services in the area.

May 2026's BAH was sponsored by three entities that provide essential services to Delta County and

beyond: the Delta Area Transit Authority (DATA), the Daily Press and Menominee-Delta-Schoolcraft Community Agency

(MDSCAA). It was hosted at the DATA headquarters on 27th Avenue North in Escanaba. Profits from the evening's 50/50 raffle went towards Community Action's Adult Day Services.

After a period of time during which people chatted, bought raffle tickets, ate food provided by Bobaloon's, drank refreshments supplied by Bink's Coca-Cola and Pike Distributors, and tested their luck in bucket raffles, several speakers addressed the crowd.

On DATA:

Brenda Crow, who coordinates Mix and Mingle events for people with special needs and their friends and families,

See **SERVICES, A3**

SERVICES

Cont. from A1

belongs to Friends of DATA.

She said that DATA helps a variety of people — including herself when she had an injury years ago that kept her from driving.

"My kids have used DATA to go back and forth to school and driver's ed when I couldn't take them. So, DATA has been extremely important to me and to my family, and a lot of my kids' friends have used DATA," Crow said.

Regarding the Mix and Mingle and other similar events for people with a range of abilities, Crow said, "We use DATA often. It's the only way a lot of our folks can get to and from our events. It increases independence for them. They're able to come to the event by themselves, engage, see, and meet people. DATA has provided transportation to and from medical appointments, social outings for them to go see their friends, family, and all those things are extremely important."

At present, DATA is only able to provide rides in about half the county; places in Delta without access are Wells, Cornell, Baldwin, Maple Ridge, Nahma, Garden and Fairbanks Townships. However, a millage proposal appearing on ballots in August asks for support to increase access, not only to those additional places, but also with extended hours.

"I strongly urge a yes vote on the data millage on Aug. 4," said Direct Care Worker Cassie Evans on behalf of Helping Hands. "Every day we see how the lack of a millage isolates vulnerable residents in Wells Township, who currently have to pay three times the standard fare just to access the community. Passing the millage is an investment in human dignity and independence for our seniors and neighbors with disabilities.



R. R. BRANSRTOM/Daily Press

Two men, each carrying a long row of bucket raffle tickets, consider the offering at Business After Hours on Wednesday.

employers. It will cost taxpayers pennies, but it will mean the world to our community's freedom, safety, and economic future."

Lisa LaLonde spoke gratefully about DATA's life-changing service when her mother was in a wheelchair.

"It was hard for me to get her anywhere ... so I would use the DATA bus. It was very, very reasonable," LaLonde said, noting that companions ride free. "It was the only way I could get her to a restaurant, here and there, from the nursing home, and I know that (DATA) wants to expand into maybe weekends and things ... that would have been wonderful for me."

Others who have seen the benefits of the local transit system, including current DATA riders, shared stories as well.

On MDSCAA:

Based in Escanaba but serving three whole counties, MDS Community Action Agency was founded in 1965 and provides a number of services to people in need — activities for seniors, home weatherization, assistance with water and utility bills.

Kristie Stenlund, senior services director, said that adult day services is just "one program that's under our umbrella of our Senior Services department," which, in turn, is just one part of Community Action Agency.

"Under our Senior Ser-

vice system in Menominee, as well as our adult day services program," Stenlund said. Kitchens and senior centers are throughout the tri-county area.

"We offer individuals with dementia an opportunity to continue to reside in their homes, participate in the community, and to provide support and respite to caregivers. Our program is especially prepared to meet the needs of those with dementia. I just want to let everyone know, dementia is not an age-related disease," said another speaker for MDSCAA. "No individual who is eligible with a diagnosis of dementia is turned away, no matter their income. ... We have wonderful staff who are patient, caring, loving, who strive to enhance the abilities of the participants and encourage their independence. We offer an opportunity for positive interaction and socialization."

Susan Gartland spoke about her Auntie Bev and Uncle Bill with obvious adoration. She mentioned that the couple had a "beautiful love story" and that Bev used to drive a dump truck at the paper mill.

"But as time progressed, we learned about this terrible disease as it affected our family," Gartland said. "This program helped in two ways. First of all, it provided a very safe place for Aunt Bev to go to, where she interacted with people. She had a daily routine ... so it gave her purpose. Secondly,

do that. Nobody is, and he needed help. He didn't know he needed help, but ... He needed a break, and this gave him a chance to do things to take care of himself, so for those two reasons this program is fantastic."

On the Daily Press:

Publisher Sarah Greenlund (formerly Maki) introduced herself and welcomed a couple people who have experience with the local newspaper.

"We co-coordinate the Great Lakes Youth Pool Tournament," said Don Shope. "This past March 14 has been 36 years — and I'm not really here to talk about that so much as I am to talk about the sponsorship that the Daily Press, both the Daily Press and UP Action, what they do for our cause. It's unbelievable."

Shope held up a past copy of the Action, where a full-page ad for the pool tournament was printed.

"You wouldn't believe — there were hundreds of people responding to what Sarah did," he said. "It was just fantastic. ... We get bombarded on (social media) on the great job these people do, and we are so appreciative of the coverage that they give to us. I just can't thank them enough."

Shope called out by name current and past Daily Press staffers who've been helpful — Adam Hinch, Terrie Belongie, Denny Grall, John Vrancic.

Another individual commented on the excellent press the Escanaba newspaper has given the local 4-H council. One of the largest 4-H fundraisers is the Delta County Plat Book, which the Daily Press helped to advertise and distribute.

"Daily Press has increased our sales immensely, getting the word out there that the new plat book was there," said Dave Radloff with MSU Extension. "I just wanted to attest to the wonderful job that the Daily Press does do as far as helping the community and publishing events and making sure that people are aware

Daily
Press

5/29/26

2 of 3

Tots coordinator, jumped in.

"If it wasn't for the Daily Press, we wouldn't have folks coming out to the events that we have, and wouldn't have people who need those toys knowing where to go and how to get them," Jamison said, "so I will echo what everyone else is saying, and say that you are doing a great job, and you always do a wonderful job, and I look forward to working with (the Daily Press) again this year."

After a round of applause, Greenlund took the microphone again to discuss the newspaper's responsibilities before introducing the Press's new editor.

"Every day, our newsroom covers the stories that directly impact your lives. We attend city council and school board meetings. We report on local businesses, community events, public safety, and the issues affecting our neighborhoods," she said. "A subscription is not just a purchase; it is an investment in our community. It directly supports the reporters who cover late night meetings and capture important moments. It supports the editor who ensures fairness and accuracy."

With that, she introduced Liam Houston, who moved to Escanaba from Houghton about two months ago to take over as editor of the Daily Press. "Liam brings energy, experience, and a strong belief in community journalism. We expect great things from him and are excited about the ideas and leadership he brings to our newsroom," Greenlund said.

"I just wanted to say I'm really excited to work with most, if not all, of you to continue the paper and its function serving as the voice of your community and serving the interests of all the people that live here in Escanaba and the greater area," said Houston to the room at large.

After seven weeks on the job, Houston had met and spoken with a number of community members prior to Wednesday night. At the event, he met and socialized with many more one-on-one.

A Daily Press staff writer also spoke briefly, reminding BAH attendees how important the public is.

"We rely on the community ... You are our sources," she said. "It helps to have eyes and ears out in the community, because we have a small staff, and we rely on tips from people. So, if there's ever something that you want to see covered in the newspaper, please reach out."

On BAH:

"Each month, a Chamber member and other sponsors have an opportunity to host Business After Hours to showcase their business, giving attendees a chance to learn more about local services, enjoy light refreshments, and network. It's a simple, enjoyable way to strengthen connections and keep business local," said Vicki Micheau, Executive Director of the Delta County Chamber of Commerce.

The next BAH, sponsored by Bay College, will be held on June 10.

Daily Press
5/24/26

3 of 3