

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

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CHECK US OUT ON FACEBOOK

**MONTHLY NEWSLETTER
DECEMBER 2023 Vol. 10 No. 12**



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

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INSURANCE AGENCY
"Customer Service is Our Most Important Policy"
**MEDICARE
ANNUAL ELECTION PERIOD**
October 15 thru December 7
Call Margo
906-789-0900

**Harbor
Towers**
Seniors (62 & Older) go to the top of
the waiting list. Placement for Seniors
should be very quick.
Safe and Secure building.
Call with questions.
906-786-6229

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Kitchen Staff Spotlight



This December we are highlighting Jennifer Minor, who prefers to go by Jen, she is the Head Cook at the Gladstone Senior Center.

Jen has been the head cook of the Gladstone Kitchen since May of 2022. Prior to that she worked at Pat's Food in the Bakery, Deli, and Dairy Departments for a total 7 years. Jen adds, "I have always had a job in the food industry. I took a year off work when Arby's closed in 2014 to get a college education.

I graduated with an Associates in Applied Science for Business in 2017."

In her spare time, Jen loves to read and do one of the many crafts that she enjoys. She is happily married with two sons. Both of them have the inclination to join the Army. She says, "my oldest has been trying for the Army since he graduated and we should know real soon. My youngest son has just been accepted into the Gladstone National Honor Society and is also now getting into sports." Jen adds, "I enjoy relaxing at home with my family and friends."

Thank you Jen!

Pictured Below (from left to right):
Jen, her son David, and Husband Charlie



Pictured Below:

Jen at the Gladstone Senior Center, Halloween 2023



RUDOLPH THE RED NOSE REINDEER WORD SCRAMBLE

credan _____
 nrpcaer _____
 ssirhcmat eev _____
 edrash _____
 ievnx _____
 pcudi _____
 tsnaa uclas _____
 ltnebiz _____
 drulhop _____
 eshiig _____
 ndenor _____
 oyfgg _____
 cmote _____



Christmas Facts

- * Do you know why Christmas is sometimes also referred to as X-Mas? The X in X-mas means the word 'Christ' in the Greek language.
- * The U.S. Postal Service delivers 15.8 billion cards and packages between Thanksgiving and Christmas Eve.
- * Top Christmas tree producers are North Carolina, Pennsylvania, Wisconsin, Michigan, Washington, and Oregon.
- * The U.S. produces 1.76 billion candy canes each year.
- * The worlds largest Christmas stocking id 177 feet tall, 7s feet wide nd weighs 820 pounds. It was hand stitched in Missouri in 2017.



IF YOU HAVE MEDICARE & MEDICAID

... you may qualify
for additional benefits.

As an experienced **local** independent agent,
I work for you. Contact me if you'd like to
set up an appointment to learn more about
your specific Medicare health plan options.



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Call me, Margie
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Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area.

Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Party for December December 27 at 12 noon

Join us to celebrate the December birthdays by dining in or pick up a lunch of **roasted pork, mashed potatoes with gravy, peas, and sunshine cake.**

If you have a birthday in December and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in December with a meal coupon inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business

Suggested donation is \$4 for the meal

Call the center to reserve a meal before 2:00 p.m. the day before the party.

786-8850

Medicare Information

Are you confused with Medicare?

Do you know someone turning 65 this year?

Do you need help with your drug plan?

Do you know someone in a different state who needs help? I can give them their states info.

See if you qualify for "extra help" with your medications and Part B premiums.

Let us educate you on how Medicare works for you!

We can also help with Medicaid applications and redeterminations.

Let me help you navigate Medicare

MMAAP
MICHIGAN MEDICARE/MEDICAID
ASSISTANCE PROGRAM
Navigating Medicare

**Call for appointment
Escanaba Senior Center
906-786-8850**

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income.

One per household—every other month.

The next distribution is

**Thursday, January 18 at 10:00–11:00 a.m.
at the U.P. State Fairgrounds**

DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.
Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.

Medicare Open Enrollment for 2024

Enrollment ends Thursday, December 7

You still have time to enroll into a different Medicare Advantage Plan or Part D Rx Plan to start January 1, 2024.

Contact the Senior Center today at 906-786-8850.

See December menu on page 11

BINGO



**Tuesday's from 1–3 p.m. at the
Escanaba Senior Center in December.**

25 cents per card / per game.

All money is paid back out on the same day. Come and join us!

**We will not have Bingo on Tuesday,
December 26 due to holiday. See you
back on January 2!**

**Christmas
Calories
Don't Count**



CONGREGATE MEALS FOR 60 + YEARS OLD

Did you know when you participate in an activity at the Civic Center or the Senior Center, you are eligible to take home a meal for a suggested donation of \$4.

Must be on same day as activity (cards, pickle ball, aerobics, volleyball, or line dancing).

At the Senior Center, we are back to dining in or you can still pick up the meal to take home or back to work. We are serving at 11:45–1:00 p.m.

To reserve your meal—you must order at least the day before 2:00 p.m.

Limit is 2 meals per person per day.

Christmas Luncheon

Celebrate Christmas at the Senior Center on
Wednesday, December 13 at 12 noon.

We will be serving:

Chicken Kiev, Garlic Mashed Potatoes,
Key Largo Vegetable, Dinner Roll, Fruit Cup,
and Christmas Dessert.

Musical entertainment by Jon Sampson
from 12:15—1:15 p.m.

Santa will be here so you can tell him
your Christmas wish.

There will be door prizes given away,
and many laughs.

Reserve your meal by calling 906-786-8850
before December 8.



Congregate “October” Birthdays

Shirley S. won the flower arrangement from Wickert Floral. Also happy birthday this month to Candy J., John N., and Rod J.



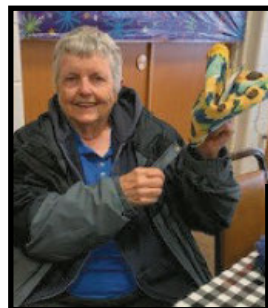
Congratulations Birthday Party Winners!

Winners of the October birthday drawing for a
\$10 gift card to Elmer's were
(left to right) Sally F. and Cheryl G.
Congratulations to you both!



Towel winners were (left to right)
Maggie T., Niina R., and Betty P.

Thank you Gayle S. for your handmade
towel donations.



See Escanaba Senior Center on Facebook for
more pictures, videos, and the most up-to-
date information.

Search for Escanaba Senior Center
and “Like” us!





CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:

Monday through Friday 8:00 a.m. to 3:00 p.m.
Please call at least a day in advance to schedule your bus ride, or to reserve a meal.

We will be closed for the Christmas holiday on December 25 and December 26.



We are getting a group together to do some Christmas caroling. If you are interested in joining us, please call the center for details and to be put on the contact list.



New Year's Eve Party:

We will be celebrating New Year's Eve on **December 29**.

The ball will drop at noon.
Dinner to follow. Ring in 2024 with us! Call at least a day in advance to reserve your seat.

December Drawing: Jack's Fresh Market Gift Card

This month, in lieu of trivia, just return your entry to be given a chance to win a \$25 grocery gift card on us. Drawing on December 27.

December Gift Card Giveaway!

Name: _____

Phone: _____

One entry per person. Return to Menominee Senior Center.



Retro Christmas Dinner Party

Join us for our "Crooner Christmas Dinner Party" on December 13. The theme is 1950's Christmas cocktail dinner party. Vintage Christmas décor, and crooner music. We will start the party at noon. Dinner will be served: Chicken Kiev, garlic mashed potatoes, Key Largo Veggies, dinner roll, fruit cup, and pistachio dessert.

After lunch, we will draw for door prizes, have a "share the wealth" raffle, and also play bingo. Suggested donation is \$4 per meal for seniors. Please sign up by December 12th if you wish to attend.

Menominee Recreation Department Craft & Bingo:

The Menominee Recreation Department is scheduled to host a special holiday craft & bingo day on December 14 at 1:00 pm. They supply all the crafts and prizes. There is no cost, and all are welcome to attend.



December Foot Clinic: December 15

A licensed nail tech will be here for your foot health. Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage. Cost is \$20 and please bring your own bath towel. Appointments are necessary. Call the center to reserve your spot.

December Monthly Birthday Party:

We will be celebrating December birthdays December 20 starting after 12 noon. If you have a birthday in the month of December, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal details



November Trivia Answer: The correct answer is C. The x-ray was first developed in December of 1895.



Medicare Minutes

*By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center*

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

MEDICARE OPEN ENROLLMENT PERIOD ENDING ON DECEMBER 7th.

For those who are looking at changing up your drug plan, or switching to a Medicare Advantage plan for 2024, your deadline may be soon. December 7th is the last day to make changes to your drug plan, or enroll into a Medicare Advantage plan for 2024.

Comparing drug plans can save you money on premiums, and copays at the pharmacy. It only takes a little bit of time to look into your options, but can save you plenty in 2024.

If you still need an appointment, do not wait. Call your local MMAP counselor to schedule today.



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for **11 am-noon on Tuesday, January 16. This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church. This is a drive-up distribution.**

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.
This institution is an equal opportunity provider.

Holiday Movie Day

We will be hosting a holiday movie day on December 19. We welcome all seniors and their grandchildren to attend. We will show the movie "Ernest Saves Christmas" at 1:00 pm. We will supply refreshments for all.



Pecan Cranberry Cheeseball

Cheese ball ingredients:

- 2- 8oz packages of cream cheese
- 1 cup dried cranberries (Craisins) chopped
- 1/2 cup (2-3) sliced green onions
- 1 cup (4oz) shredded white cheddar cheese

Coating ingredients:

- 1/3 cup chopped pecans*
- 1/3 dried cranberries (chopped)
- 1/3 cup fresh chopped parsley (or finely sliced green onions)

Directions: Using an electric mixer, beat the cream cheese with the dried cranberries and green onions. Add the shredded cheddar cheese and mix to incorporate.

Scrape mixture out onto a piece of plastic wrap. Cover and shape into a ball or log. Refrigerate for at least an hour or more for it to slightly firm up.

Once it firms up, or when you are ready to serve, combine the coating ingredients and place onto a large plate. Remove the plastic, and then roll the ball or log in the coating until completely covered. You can serve immediately with crackers, or place in the fridge overnight to allow for more flavor. Keep refrigerated.

**Toasting your pecans will give it a little more dimension. Place shopped pecans on a lined baking sheet and bake for 5 min at 375 degrees to toast.*



CORPORATION CORNER
Gladstone Senior Citizens Non-Profit

As another year comes to a quick end, we take time to thank all of our members for supporting the Gladstone Senior Center. Please take advantage of all the services and activities that are offered here throughout the year; and we always welcome your suggestions for new activities that we might be able to provide. Currently, we offer a sit-and-be fit exercise program, a free library, building rentals, in house and pick-up lunches on weekdays, monthly movies, a special holiday luncheons, a Thursday afternoon state-run bingo, a gathering place for card playing fans, monthly toenail treatment appointments and other services that are provided to senior by Community Action Agency. Stop by and check us out!

WISHING EVERYONE A VERY MERRY & BLESSED CHRISTMAS!

Membership fees and donations can be sent to Gladstone Senior Citizens NP Corp.,
P.O. Box 211, Gladstone 49837

Foot Clinic Northwood Nursing

When: December 21
Time: 1:00 - 3:00 p.m.
Cost: \$22.00



Bring your own towel Call Center at 428-2201

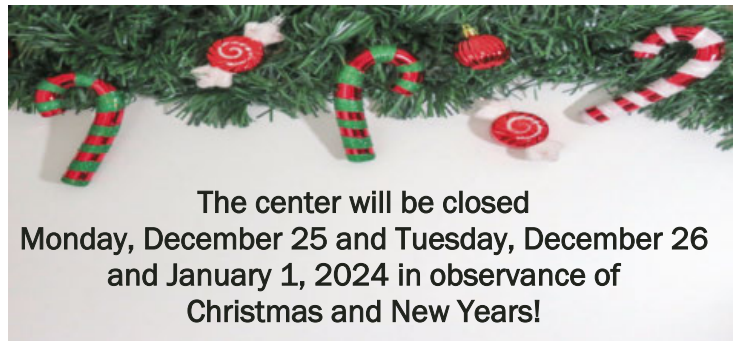
December movie Trio

Join us for three Fridays for 3 versions of
the Charles Dickens Christmas Carol!

Dec. 1— A Christmas Carol (1951)
Alastair Sim

Dec. 8—Scrooged (1988)
Bill Murray

Dec.15--Spirited (2022)
Will Farrell & Ryan Reynolds



The center will be closed
Monday, December 25 and Tuesday, December 26
and January 1, 2024 in observance of
Christmas and New Years!

Christmas Dinner

Wednesday December 13
Chicken Kiev
Garlic mashed Potatoes
Key Largo Vegetables
Dinner Roll
Pistachio Dessert

Anyone signed up for lunch will receive a special
Christmas ornament
Call center at 428-2201 by December 8

Medicare Open Enrollment

Open until December 7

Call Lisa at 428-2201 to review your plan



Thursday afternoons at the Gladstone Senior
Center. Ball tickets go on sale at 12:05 p.m. and
Early Birds start at 1:00 p.m. - 4:00 p.m.

Birthday Lunch

Wednesday, December 20

Monterey Chicken
Smashed Red Potatoes
Green Beans
Dinner Roll
Peach Cake

Call 428-2201 by December 15



Merry Christmas!!

Hi everyone, we are heading into the Holiday season and we will again be having our

"Twelve days of Christmas" give away!

Starting December 7th thru December 22, anyone signed up to dine in will be put in that days drawing for one of our great 12 prizes. Join us for all twelve days for more chances to win!

We will also be having our Christmas meal on Wednesday, December, 13!

In addition to the daily prize give-away, we will have an ornament give-away and special treats!

So please join us and celebrate Christmas with us!

Call 428-2201 to reserve a meal! Reserve your meals at least one day in advance by calling the center at 428-2201

(Christmas meals reservation cut off to order is December 8th)

October

Birthday

Halloween

Ann L



William B



Birthday Certificate



Such creative costumes



Staff costumes



Cathy G



Christine V



Karen T 50/50



The three costume winner received \$20.00 gift cards for local businesses



Sharon R



Joan L



Trudy B



Ghost and mummy cookies





Can it really be December? What a wonderful time of the year! Come join us for some fun times—meals, a cookie exchange, a movie—and of course, the coffee is always on!
Come join us soon! — Becky

DECEMBER EVENTS

TUES 12/5	Crafts! (After lunch)
THURS 12/7	Cornell Group meets
MON 12/11	Cookie Exchange at 10 am
WED 12/13	Christmas Meal!
WED 12/20	Birthday Party!
THURS 12/21	Christmas Movie Day after lunch (popcorn too!)

MON & TUES 12/25-26—Center Closed for Christmas!

Please come join us for a dine in or drive thru any day! We are open Monday—Thursday!
Call 356-6420 to sign up for a meal or more information!



Our Halloween Costume Contest Winners!
Lucy as Nasty Little Red Riding Hood and
Connie as a Rebel Fighter from Star Wars!
Congratulations, ladies!



Christmas Craft Day!

Tuesday, December 5 after lunch!

Be sure to call in and reserve your spot!

COOKIE EXCHANGE!!

Bring a dozen, take a dozen!



Monday, December 11 at 10 am!

Call the Center for more info! 356-6420



Aggie B
getting crafty!
That's Bonnie
in the back-
ground!

Don't forget!

We have exercise every Thursday at 9:30 am!



Angels Among Us

Recognizing all the generous folks who recently donated to the Center:

Our sincere thanks to Brenda H, Joe P, Mark H, Linda M, Lucy L, Pete & Lois C, Stella N, John P, Dorothy K (for her gift in honor of Jean C) and Jim & Jean for their donations of gifts, time and talents to the center. Special thanks to everyone who brought candy for trick or treating!!

Thanks to everyone in the community who continues to look after their neighbors and friends!

Take care!!!

Thank you!



General Halloween Craziness!
Pete looking dapper, Donnie & his
birthday cake! Lots of trick or
treating fun with all the gang and
Joe, Dave & Mark livening up the
place! What a fun day!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>This menu is for all our senior centers. Call your senior center with questions/comments.</p> <p><i>Menu subject to change</i></p>				<p>1 Sweet & Sour Pork o/ Rice Brussel Sprouts Carrots; Fruit Cup</p>
<p>4 Pork Cutlet Sour Cr Chive Potatoes Mixed Vegetables Mandarin Oranges Bread</p>	<p>5 Chicken Penne Casserole Monte Carlo Vegetables Breadstick Escaloped Apples</p>	<p>6 Country Fried Steak Mashed Potatoes/Gravy Scandinavian Vegetables Fruit Cocktail Bread</p>	<p>7 Cream of Potato Soup Tuna Salad Sandwich Bread 3 Bean Salad Tropical Fruit</p>	<p>8 Swiss Steak over Rice Far East Vegetables Fruit Cup</p>
<p>11 Breaded Chicken Breast Hamburger Bun Potato Wedges Pr. William Vegetables Fruit Mix</p>	<p>12 Beef Stroganoff w/Noodles & Mushrooms Corn 7 Way Mixed Vegetable Applesauce</p>	<p>13 Holiday Meal Limit 1 per person Chicken Kiev Garlic Mashed Potatoes Key Largo Vegetables Fruit Cup; Pistachio Dessert</p>	<p>14 Beef & Barley Soup Meat Sandwich w/Bread Raw Baby Carrots Fruit Cup</p>	<p>15 Pepper Steak w/Peppers over Rice CA Blend Vegetables Warm Fruit Crisp</p>
<p>18 Western Egg Bake Red Oven Potatoes Muffin Mandarin Oranges Tomato Juice</p>	<p>19 Alfredo Lasagna Cook's Choice Vegetable Escaloped Peaches Breadstick</p>	<p>20 Congregate Birthday Limit 1 per person Monterey Chicken Smashed Red Potatoes Green Beans; Dinner Roll Peach Cake</p>	<p>21 Pea Soup Egg Salad Sandwich Bread Cottage Cheese Peaches</p>	<p>22 Meatloaf Boiled Potatoes Carrots Bread Fruit Cup</p>
<p>25 CLOSED FOR HOLIDAY Please order extra meals ahead of time</p>	<p>26 CLOSED</p>	<p>27 Tahitian Meatballs o/Rice Key Largo Vegetables Corn Tropical Fruit</p>	<p>28 CA Medley Soup Ham & Swiss Sandwich Carrot Raisin Salad Fruit Cup</p>	<p>29 Potato Sausage Boiled Potatoes Cream Corn; Fruited Pudding</p>



CSFP “Commodities”

distribution is

TUESDAY, DECEMBER 19 at 9-10 a.m. CST

NOTE THE DAY CHANGE!

A new schedule for 2024 will be handed out that day and we will be continuing with the 3rd Monday of the month on a bi-monthly distribution.

This institution is an equal opportunity provider



QUILT RAFFLE

We have three quilts that we are raffling off that were made and donated by Geraldine L and two of her sisters. They make them every fall for our Christmas baskets that we prepare for those in need. Unfortunately the sisters are unable to continue making the quilts, but we have 3 left for this raffle. The money we take in will go toward blankets for this years baskets.

The raffle will take place 12-8-23

Thank you Ladies for your donations !!!



The Hermansville
MDSCAA Senior Center
Will be closed:
Monday December 25th &
Tuesday December 26th
for the holiday!



The Hermansville Library would like to invite the clients of the Senior Center to join in: A CHRISTMAS OPEN HOUSE AT THE HERMANVILLE BRANCH LIBRARY!
(here at the community club.)

DECEMBER 14 at 10:30 - 12:30. Enjoy snacks, coffee, juice and water. Anyone wanting to join in lunch with the Seniors Please call the day before by 12:30 p.m.
906-498-7735

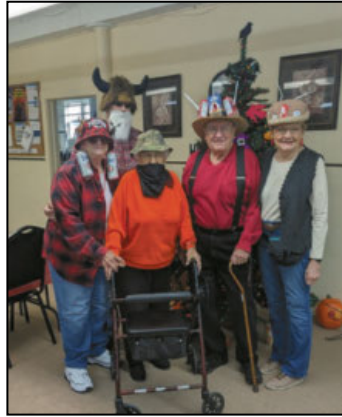
A Huge Thank You to Doug F. and the Sons of the American Legion Post 244 for continuing to collect monetary donations for our food pantry in Hermansville.

By choosing a bar code tag from the Christmas Tree at Fazers Foods in Spalding you can help those in need of food and paper products. Please pick a tag by Christmas Eve to help.

PLEASE HELP



Lots of Halloween Fun! Our Clients decided to do funny hats for costumes. We have a Yooper, a hunter, a bull, a pasty and a cereal killer!



Thank you Colleen C. for donating the Christmas Tree which was decorated for Halloween, Thanksgiving and now for Christmas.




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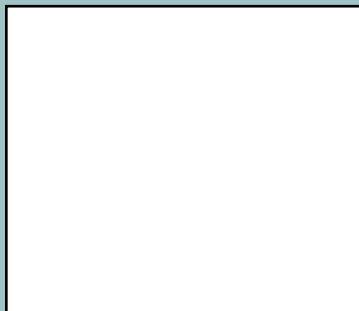
Call 800-950-9952

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JOHN L. SMITH
 Medicare Number/Numero de Medicare
1EG4-TE5-MK72
 Entitled to/Con derecho a
HOSPITAL (PART A)
MEDICAL (PART B)
 Coverage starts/Cobertura empieza
03-01-2016
03-01-2016

Medicare Open Enrollment ends December 7th! If you need assistance call your local senior center before it's too late!

December Birthday's

9 Kristin B

12 Don I

30 Judy F

Belated wishes to Jeanette D who celebrated her birthday October 3rd.



Membership Dues are still being accepted for the Mid County Senior Citizen's Inc. Donation is \$10 per person for the year. Thank you for your continued support!

DECEMBER ACTIVITIES

Dec. 6, 11, 18 & 27- Sit and Get Fit low impact exercise with Jan. Monday class at 10am; Wednesday class at 11am. Everyone is welcome!
Dec 13- Christmas Party Dinner with special music by The Pepin's beginning at 11am; 50/50 raffle & door prizes.

Dec 14- Christmas Light Tour. The bus will travel to Menominee to see the areas Christmas light displays. Dinner on your own at Dexter's. Cost for the bus ride is \$3 per person.

Dec 15- Foot clinic, by appointment only, with Christa Rivard, certified nail technician. Cost is \$20 per person. Please bring your own bath size towel to your scheduled appointment. Appointments can be made by calling the senior center at 753-6986.

Dec 20- Birthday Party Dinner with 50/50 raffle & door prizes. Let us know if you are celebrating your birthday this month!

Dec 25 & 26- The center will be closed. We will reopen at 8am Dec 27. Merry Christmas!

Holy Cross Headstones/Markers



Call **906-225-0191** today and see how easy and affordable getting a great headstone can be!

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with purchase
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CALL 800-950-9952



Special Thanks to John & Jan Thoun and Lynda Keller for their donations to the center for parties and John & Ann Carter for their donation of Wolf River apples.
We appreciate you!

OCTOBER BIRTHDAY PARTY WINNER'S



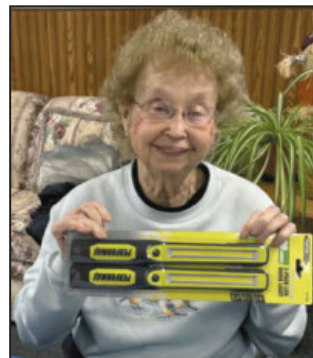
Shari



Arlene



Harlan



Elaine



Cliff and Donna



Gladys & Alice



Bill and MaryAnn



May the magic & wonder of the holiday season stay with you throughout the coming year!
Merry Christmas and Happy 2024 from the Mid County Senior Center staff!
Becky Thoun ~ Administrator
Lisa Gaudes & Tim Johnson ~ Meal Runners
Buck Winkler, Mike Bierchen & Jim Baumler ~ Transportation
Christina Harris ~ Center aide
Cindy Zemba ~ Homemaker aide
Tammy Stewart, Lisa Shampo & Angie Hansen ~ Personal Care aides
Cheryl Kau ~ Assessor



We are hoping to resume craft classes this month! Check with the center for updates.



October Birthday Celebrants

Donna T.
And
Ron S.



Halloween 2023

Arlene E., Lynda K., Wayne S., Jan S., Donna B., Cliff B. and Edna P.

MDS Community Action Agency

Senior Services Program
507 1st Ave. N.
Escanaba, MI 49829

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Senior Services

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MDSCAA Senior Centers and Administrative Office
will be closed on December 25, 26, and
January 1, 2024.

Happy Holidays to you and your family!

OR CURRENT RESIDENT



This month's menu for
all senior centers is on
PAGE 11

CALL FOR AN APPOINTMENT IF:

- ✓ YOU WILL BE ELIGIBLE FOR MEDICARE SOON
- ✓ YOU WILL BE TURNING AGE 65 SOON
- ✓ YOU ARE LOSING YOUR GROUP HEALTH COVERAGE
- ✓ YOUR CURRENT COVERAGE IS GETTING TO EXPENSIVE
- ✓ YOU ARE NEW TO THE AREA
- ✓ YOU JUST GAINED OR LOST YOUR MEDICAID
- ✓ YOU NEED FINAL EXPENSE LIFE INSURANCE



MEDICARE SUPPLEMENTS | MEDICARE DRUG PLANS
MEDICARE ADVANTAGE PLANS | HOSPITAL INDEMNITY | FINAL EXPENSE



MICHELLE ROBICH

LOCAL INDEPENDENT INSURANCE AGENT
IN-HOME APPOINTMENTS

906-789-6880

michellerobich@hotmail.com

**Call between October 15th & December 7th to find out if you can save money
or get more benefits on your current Medicare Health Insurance!*

Not affiliated with the U. S. government or federal
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