

# Menominee-Delta-Schoolcraft



## Senior Services

**MONTHLY NEWSLETTER**  
**MAY 2022**  
**Vol. 9 No. 5**

This month's menu  
for all senior  
centers **PAGE 11**

Visit Community Action Agency website at [mdscaa.org](http://mdscaa.org)

### ESCANABA (p. 2-5)

225 N. 21st St., P.O. Box 752  
Escanaba, MI 49829

**Phone:** (906) 786-8850

**Hours:** M-F 8-3

### GLADSTONE (p. 8-9)

303 N. 8th St.  
Gladstone, MI 49837

**Phone:** (906) 428-2201

**Hours:** M-F 8:30-3:30

### HERMANVILLE (p. 12-13)

W5480 1st St.  
Hermansville, MI 49847

**Phone:** (906) 498-7735

**Hours:** M-F 9-3

### MENOMINEE (p. 6-7)

905 10th St.  
Menominee, MI 49858

**Phone:** (906) 863-3256

**Hours:** M-F 8-3

### MID-COUNTY (p. 14-15)

202 S. US 41  
Daggett, MI 49821

**Phone:** (906) 753-6986

**Hours:** M-F 8-3

### ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd  
Rock, MI 49880

**Phone:** (906) 356-6420

**Hours:** MWTh 8-3 Tu 11-7

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DONALD J. CRAWFORD



## **PROGRAM SPOTLIGHT:**

### **MDSCAA ADULT DAY SERVICES MEMORY CARE PROGRAM**

Adult Day Services Memory Care Program is a day program offered to Adults who have been diagnosed with any form of Dementia. The mission of the ADS program is to improve the lives of those who have been diagnosed with Dementia. By offering a therapeutic environment, we allow participants to live their best life. We offer recreational and social events in a safe environment on a daily basis. Our goal is to provide needed comfort for participants and respite time for family and/or caregivers.



The MDSCAA Memory Care Staff include 2 permanent PT Aides, volunteers and a Program Manager. The Staff ratio is four Participants to one Aide depending on participant need.

Colleen Winberg, an ADS Aide who has worked with ADS for 15 years, states, “I feel good that caregivers have a place to bring their loved ones and know they are being well taken care of. My favorite part of my day is listening to participant’s stories regarding their life history. We also come up with different games, do exercises, plan and do different projects which they can take home with them which they are very proud of.”

Karen Castle, also an ADS Aide who has worked with ADS for over 3 years, and before that, she was a Senior Companion. She informs us that, “At ADS, it has never seemed like work. You find yourself becoming part of an extended family. For me, the best part of my job is getting to know our participants and being able to make them smile. Hearing the Participants laugh and joke with one another can really make your day.”

Kristie L. Stenlund, MSN-NP, Program Manager, has been the Program Manager for 3 and half years. She states, “What a pleasure to be able to direct a program that has proven to have such an impact on the individual participant with dementia and their family(s) and/or caregiver(s).” She adds, “The overall health response is evident. We have seen individuals come in with little emotion or wanting to interact with others, to being happy appearing and interactive. It’s wonderful. There is a lot of smiling throughout the day and a lot of laughter.”

Kristie closes with, “We are very thankful. Caregivers have stated, over and over again, that the support of this Memory Care Program has made a major impact in their lives.”

Program is located in the Gary Abrahamson Jr. Memory Care Center, at 2635 1st Avenue South, Escanaba. Hours of operation are Monday-Thursday 8 a.m. — 4 p.m. Phone Number: (906) 789-2886



### Historical events for the month of May

**May 1, 1920** - Babe Ruth hit his 50th career homer and is first as a Yankee at the Polo Grounds.

**May 5th** - Celebrated in Mexico as Cinco de Mayo, a national holiday in remembrance of the Battle of Puebla in 1862, in which Mexican troops under General Ignacio Zaragoza, outnumbered three to one, defeated the invading French forces of Napoleon III.

**May 8, 1968** - Jim "Catfish" Hunter of the Oakland A's pitches a perfect game, beating the Minnesota Twins, 4-0. It is the first perfect game in the American League regular season in 46 seasons.

**May 10, 1869** - The newly constructed tracks of the Union Pacific and Central Pacific railways were first linked at Promontory Point, Utah. A golden spike was driven by Leland Stanford, president of the Central Pacific, to celebrate the

linkage. It is said that he missed the spike on his first swing which brought roars of laughter from men who had driven thousands upon thousands of spikes themselves.

**May 17, 1875** - The first Kentucky Derby horse race took place at Churchill Downs in Louisville.

**May 27, 1937** - In San Francisco, 200,000 people celebrated the grand opening of the Golden Gate Bridge by strolling across it.



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## NEVER MISS A NEWSLETTER!

Sign up to have our newsletter  
emailed to you at  
[www.mycommunityonline.com](http://www.mycommunityonline.com)

## *Mother's Day Celebration*

Wednesday, May 4 at 12 noon

Celebrate with us by dining in or curbside with a menu of:



*Chicken Cordon Bleu*  
*Baked Potato with Sour Cream*  
*Monte Carlo Vegetables*  
*Strawberry Short Cake*

There is a limit of one meal per person. Please reserve your meal before May 2. Your reserved meal will put you into a \$10 gift card drawing that day from a local store. The suggested donation is \$3 per meal and will be sent to you in a May donation summary.



## *Birthday Party*

**May 25 at 12 noon**

Join us to celebrate with dining in or curbside with a lunch of bourbon chicken breast over coconut rice, butter peas, spinach salad and banana cr me pie. If you have a birthday in May and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in May and a meal coupon inside. Also for everyone who has a curbside meal reservation will be entered into a drawing for one of two \$10 gift cards from a local store.

Suggested donation is \$3 for the meal and we will send you a donation summary at the beginning of the following month.

Call the center to reserve a meal before 2:00 p.m. the day before the party.

**786-8850**

## **Medicare Information**

- ⇒ Are you confused with Medicare?
- ⇒ Do you know someone turning 65 this year and doesn't understand Medicare?
- ⇒ Do you know someone in a different state who needs help? I can give them their states info.
- ⇒ See if you qualify for "extra help" with your medications and Part B premiums.
- ⇒ Let us educate you on how Medicare works for you!
- ⇒ We can also help with Medicaid applications and redeterminations.



**Let us help you navigate Medicare**

**Call for assistance**  
**Escanaba Senior Center**  
**906-786-8850**

## **Commodities Distribution Dates**

Next CSFP

Monthly Distribution:  
**May 19 \***  
10-11 a.m.



**DISTRIBUTIONS AT FAIRGROUNDS**

**CHANGES WILL BE ANNOUNCED IN LOCAL MEDIA**



Next TEFAP

Quarterly Distribution:  
**June 10**  
9 a.m.-noon



\* DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver, within Escanaba city limits. Call office 786-8850. See CSFP date above.



**If you haven't already renewed your card, please call 786-8850 to recertify.**

## **Senior Project Fresh**

As of publication time, we do not have the application for Project Fresh. Please call the office to be put on a list to receive the application. The Farmer's Market in Escanaba doesn't open until the first Wednesday after Memorial Day. Call 786-8850 to get on the list. Once you receive the application, fill out and return as soon as possible. Limit 50 booklets for \$20 in coupons. Don't know about Project Fresh — Call us!





**St. Patrick's Day**

**Winners**



Please donate your Elmer's points to the Escanaba Senior Center. Thank You!



Pictured upper left and clockwise are the St. Patrick's Day winners: Vern D., Mike H., Carole K., and Alice J.

**Congregate "March" Birthdays**

Bill P. won the flower arrangement from Wickert Floral. Also happy birthday this month to Terry A., Mildred C., Jean G., Maggie T., and Holly L.



**Congratulations Birthday Party Winners!**

Winners of the March birthday drawing for a \$10 gift card were Gary C. (left) and Doris L. (right). Congratulations to you both!



Remember we are closed on Memorial Day, May 30.



We are still doing Home Heating Credits until 9-30-22. Call us to find out what you need to bring!



Towel winners in March were Sandy B. and Steve V.



See Facebook for more pictures and videos! Also find the most up to date information on our Facebook page. Search for Escanaba Senior Center, or visit Community Action Agency website at [mdscaa.org](http://mdscaa.org)



On Wednesday, May 25 at 1:30 p.m. in the Escanaba Senior Center parking lot.

Proudly serving you at the Escanaba Senior Center —

Center Administrator — Lydia LaPalm, Center Assistant — Donna Caron, Maintenance — Charlie Schmidt, Home Delivered Meal Drivers — Jo, Marilyn, Greg, Jean, Doug, Bob, John, Katy, Patrick, and Eva.

## Menominee Senior Center Mon-Fri, 8 a.m. - 3 p.m.

### CAA Menominee Senior Center

905 10th St., Menominee  
Phone: (906) 863-2158

Our Business Hours:  
Monday through Friday from  
8:00 a.m. until 3:00 p.m.

Find us on Facebook!  
(search for Menominee Senior Center)

In May the center may have limited  
access during the Covid-19 pandemic.  
Please call in advance in case an appointment  
or other business may be necessary.



#### Mother's Day Dinner: May 4th

"May the 4th be with you!" A Star Wars-themed Mother's Day event is planned for the congregate take-outs in honor of mothers throughout the entire galaxy. Mother's Day dinners are limited to 1 meal per person. Please call at least a day in advance to reserve your meal. See our menu for meal details.



#### May Trivia Question:

Carrie Fisher, the actress who played Princess Leia in the Star Wars saga had a very famous real-life mother. Who was she?

Return trivia entry to Menominee Sr. Center

#### May Trivia Question Entry Form:

Answer: \_\_\_\_\_

Your Name: \_\_\_\_\_

Phone: \_\_\_\_\_

#### REMINDER FOR CSFP RECERTIFICATION

Did you recertify yet? Everyone who receives the monthly CSFP commodities needs to be recertified in order to continue receiving their monthly box. If you have not already stopped by the center to recertify for this program, please make the time to do so. To see if you qualify, or other questions regarding this monthly food program, please call our center. *NOTE: Some may not qualify for the monthly CSFP program, but still qualify for the quarterly TEFAP program. Income guidelines vary for each program.*

#### Craft Day: May 19

Our local Menominee Recreation Department returns to putting together the monthly crafts in May. On May 19, we will still just be having crafts distributed at the door via pick-up. If you wish to receive one of these craft goody bags, please sign up in advance. Pick-up time will be from 1 p.m. - 3 p.m. on this day.



#### MAY MONTHLY BIRTHDAYS:

We will celebrate May birthdays on May 25 from 11:30 a.m. - 12:30 p.m. If you have a birthday in the month of May, and pick-up a meal from the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. See our menu for the birthday meal details.



#### MEMORIAL DAY HOLIDAY CLOSURE

The center will be closed on May 30 in honor of Memorial Day. Please plan accordingly for your meals, and transportation needs. We wish you all a safe holiday weekend.





## Menominee Senior Center Mon-Fri, 8 a.m. - 3 p.m.

### ONGOING SERVICES AT MENOMINEE SR. CENTER



#### Medicare Minutes

By Renelle Betters  
MMAP Counselor  
CAA/Menominee Sr. Center

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- \*Explain insurance coverage in simple terms.
- \*Assist with appeals when there are issues with billing or claims.
- \*Help apply for assistance for Medicaid or low-income subsidy programs.
- \*Help finding patient assistance programs.

*MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.*



**Transportation Services:**  
Our center bus runs from approximately 8 a.m. until 2:30 p.m. Monday-Friday. Please call at least a day in advance or more to schedule your ride. We are wheelchair accessible.

#### Congregate & Home Delivered Meals

Congregate meals are served Monday through Friday from 11:30 a.m.-12:30 p.m. and are meals prepared for take-out.. We ask that you reserve your meal at least a day in advance so we have enough meals prepared.

Home Delivered Meals are for seniors age 60 & over who are assessed to determine their eligibility for the senior nutrition meal program. Call for details if you are interested in this vital service.

#### Upcoming: Senior Project Fresh

The annual "Senior Project Fresh" booklets should be arriving sometime this summer. If you are interested in this coupon booklet for the fresh produce at the farmers markets, please call and put your name on the contact list. Income guidelines do apply for the household. We may be limited on how many booklets we can receive. Call the center for more information about "Senior Project Fresh".

### **Menominee TEFAP Food Distribution**

Next quarterly TEFAP distribution at the Menominee Senior Center is scheduled for 8-11 a.m. on Friday, June 10. As it stands, we will attempt to do a drive-up distribution.

If you picked up at the March distribution, you should already be pre-registered. If not, please call us to see if you are eligible, and to be added to the registration to receive your food.

You automatically qualify for this commodity distribution if you are enrolled in the CSFP commodity program.

If you are interested in quarterly TEFAP commodities distribution, contact your local center to see if you qualify. Anyone over 18 who is a Michigan resident and falls within the income guidelines is eligible.

*Note: Each center has its own dates/times for TEFAP distribution. Contact your local center for more TEFAP details or go to [www.mdscaa.org](http://www.mdscaa.org)*



### **Menominee CSFP Program Update** **PICK-UP @ Senior Center**

CSFP commodity distribution takes place monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for 1 p.m.-2 p.m. on Tuesday, May 17. **AT THE MENOMINEE SENIOR CENTER.** Same method as the TEFAP distribution (drive-up). PLEASE DO NOT ARRIVE BEFORE 1 p.m. We can not have people blocking traffic. Call for optional delivery or pick-up.

*(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)*

*Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.*

## Gladstone Senior Center Mon-Fri, 8:30 a.m. - 3:30 p.m.

### CORPORATION CORNER Gladstone Senior Citizens Non-Profit

The Gladstone Senior Citizens Non-Profit Corp is looking to increase its membership by inviting new and former members for the 2022 calendar year. The organization uses its annual membership fee of \$10.00, and other donations, for the maintenance and operational expenses of the Gladstone Senior Center building in Gladstone. The MDS Community Action Agency operates its meals-on-wheels program for the Gladstone and surrounding area at the Center, along with other one-on-one services for seniors. The Center building has been closed for social and fund raising activities for the past two years due to Covid-19, and this has affected the monies normally raised for ongoing building improvements and expenses. However as of April 4th the Center has been open for seniors to eat lunch in the building. For more information and meal reservations you can call the Center at 428-2201. Membership is not required for any services provided by Community Action Agency.

Membership fees and donations can be sent to Gladstone Senior Citizens NP Corp., P.O. Box 211, Gladstone 49837, or you can call Bonnie at 906-420-8258 or Marilyn at 906-420-5041 for further information



### Honoring Mother's Wednesday, May 4

Pick-up 11:30 a.m.-12:30 p.m.  
Eat in served at 11:30 a.m.

Chicken Cordon Bleu  
Baked Potato  
Monte Carlo Veggies  
Strawberry Shortcake

**NOTE:** Limited eat in seating of 36 people  
Call 428-2201 in advance to reserve a spot!



### Lunch

Tuesday, May 24, 2022

Pick up 11:30 a.m.— 12:30 p.m.  
Eat-in served at 11:30 a.m.

BBQ Ham Balls  
Sour Cream & Chive Potatoes  
Harvest Beets  
Pineapple Tidbits

**NOTE:** Limited eat in seating of 36 people.  
Call in advance to reserve spot!  
428-2201



Find us on Facebook search  
Gladstone Senior center.



Or visit [MDSCAA.ORG](https://www.mdscAA.org) to find all the services  
available through Community Action Agency

### Memorial Day

The Center will be closed  
Monday, May 30,  
to observe Memorial Day.  
There will *not* be meal delivery or eat  
in/pickup meals on that day!

Please make sure you adjust your  
menu accordingly.

Thank you!



**MDSCAA Center News**

Hi all, I hope this finds you safe and healthy!  
FINALLY WE ARE OPEN FOR LUNCH!!!!

We are happy to invite you all back into the building for lunch, served at 11:30 a.m. daily. However, we will not be having large parties at this time. We are continuing to offer curbside pick up, from 11:30 a.m.-12:30 p.m., to those who would rather not come in. As we test the waters and see how things go, we will be gradually adding more activities and events.

We thank you for your continued support during these past few years and we are so happy that we will be able to serve you in person again!

Please call the center at 428-2201 to order meals and state whether you will be eating in or picking up!

**St. Patrick's Day**

**March Special  
Lunches**

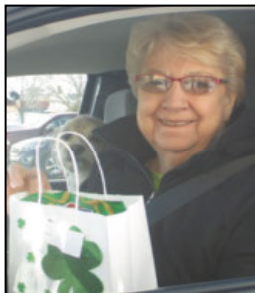
**Birthday Lunch**

Pictures of some of the winners  
from both lunches!

Dave Anderson



Leona Ritter



Vickie Dementer



Dave Nelson



Jim Love



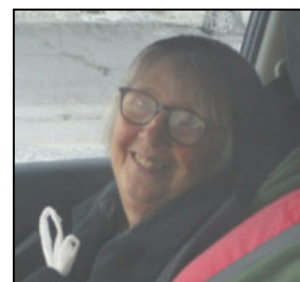
Patti Kremers



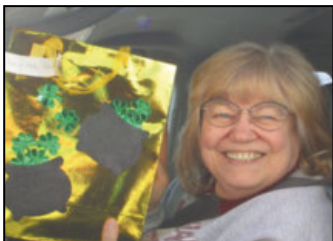
Warren Harris



Marlene Severinsen



Holly Geurts



Sharon Rivest



Harold Hertig



Paul Trotter





## WE ARE SO GLAD YOU ARE BACK!!!!!!

Take care—Becky

### MAY EVENTS AT THE CENTER!!

WED 5/4	Mother's Day Meal
THU 5/5	Cornell Meets & Cinco de Mayo
	No Corporation Dance this month
WED 5/18	Senior Commodities pick up
WED 5/25	Birthday Meal—bourbon chicken over coconut rice, goodies & prizes!
MON 5/30	Center Closed for Memorial Day

Please come join us for a dine in or drive thru any day! We are open Monday—Thursday!

### ***Angels Among Us***

Recognizing all the generous folks who recently donated to the Center:



Our sincere thanks to: the Wednesday Card Club for their generous donation to the center, to Jan R, Sharon H, Lucy L, Pete & Lois C and Jim & Jean for their donations of gifts, time and talents to the center.

Thanks to everyone in the community who continues to look after their neighbors and friends through another tough year.  
Take care!!! *Thank you!*

### **From Lucy's Kitchen... Pineapple Bars**

1 package yellow cake mix  
3 egg yolks  
3 T melted butter  
Mix together and pat into a 9 X 13 pan.  
Beat 3 egg whites until stiff. Add 1/2 cup white sugar, 1 cup coconut and 1 cup crushed pineapple drained. Put the egg white mixture over top of crust. Sprinkle with nuts. Bake at 350 for 30 minutes.

Enjoy!!

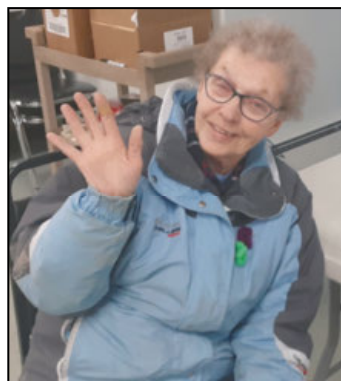
### **May Birthdays**

Theresa Lippens.....	1
Alice Weidner.....	1
Theodore Dahlstrom .....	2
Dick Weidner .....	3
Delbert Seppanen .....	4
Beatrice Johnson .....	8
Everett Way.....	9
Tim Gagan .....	9
Aggie Branstrom.....	10
Charles Wight .....	10
Audrey Landis.....	11
Gary Wellman .....	11
Edward Gregson .....	16
Shirley Jokinen .....	21
May Ring .....	21
Shirley Seymour .....	23
Mary Lou Maki.....	27
Connie Fuller .....	28
Irene Korpi.....	30

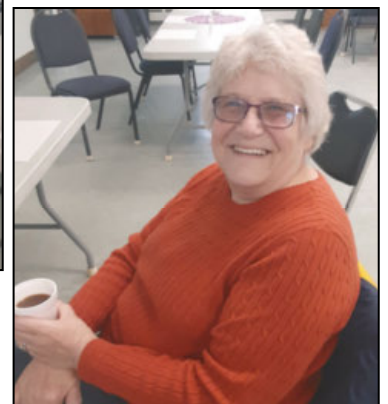
### **Food distributions this month!**

CSFP Senior Monthly Box:  
Wednesday, May 18 from 9 a.m. until 2 p.m.

***We are so glad to be back!!!!!!***



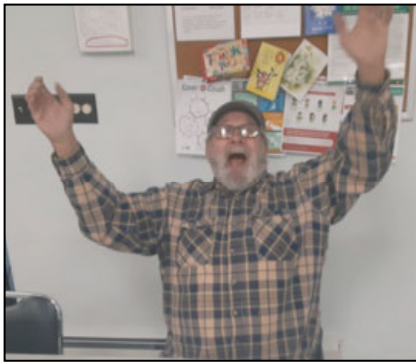
*Yay! Yay!*



*Yay! Yay!*



# Rock Senior Center Mon/Wed/Thur, 8 - 3 p.m. Tues 11-7 p.m.



YAY!!!

We are open  
and so glad to  
be back!!!!



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Country Fried Steak w/Gravy Mashed Potatoes Mixed Vegetables Blueberry Whip	<b>3</b> Chop Suey w/Rice Chinese Vegetables Oriental Coleslaw Mandarin Oranges & Pineapple Cup	<b>4</b> <i>Mother's Day Lunch</i> <i>One meal per person</i> Chicken Cordon Bleu Baked Potato Monte Carlo Vegetable Strawberry Short Cake	<b>5</b> <i>Cinco de Mayo</i> Taco Salad over Chips (Beef, lettuce, tomato, black olives, onions salsa & sour cream) Cornbread Fruit Cup	<b>6</b> Ham & Cheese Sandwich Tomato Basil Soup Cucumber Salad Fruited Pudding
<b>9</b> Ham Slice Sweet Potato Brussel Sprouts Tropical Fruit	<b>10</b> BBQ Pulled Pork w/Bun Macaroni & Cheese Coleslaw Green & Wax Beans Fruit Whip	<b>11</b> Polish Sausage and Bun w/Sauerkraut Boiled Potato Cream Corn Pears	<b>12</b> Hobo Casserole (Hamburger, potato, carrots w/gravy) Salad Garlic Breadstick Fruit Crisp	<b>13</b> Baked Fish Oven Potatoes Stewed Tomatoes Fruited Jell-O
<b>16</b> Spaghetti & Meatballs Italian Vegetables Garlic Bread Caesar Salad Warm Cinnamon Apples	<b>17</b> Monterey Chicken Philly Potatoes California Blend Veggies Pumpkin Mousse	<b>18</b> <i>Pick one meat</i> Liver & Onions <b>OR</b> Beef Steak & Onions Mashed Potatoes Green Beans Strawberry Whip	<b>19</b> Pork Chop w/Cranberry Glaze Smashed Red Potatoes 5-Way Vegetables Applesauce	<b>20</b> Cheddar Broccoli Soup Chicken Salad w/Tomato Wedges over Lettuce Club Crackers Grape Salad
<b>23</b> Chicken Breast Sandwich on Bun Fiesta Potatoes Diced Carrots Fresh Apple	<b>24</b> BBQ Hamballs Sour Cream & Chive Potatoes Harvard Beets Pineapple Tidbits	<b>25</b> Bourbon Chicken Breast o/ Coconut Rice Butter Peas Spinach Salad w/M Oranges Banana Crème Pie	<b>26</b> Pork Ribs w/Sauerkraut Parmesan Potatoes Key West Vegetables Tropical Fruit	<b>27</b> Bratwurst w/Bun Potato Salad Corn Watermelon Slice Ice Cream Cup
<b>30</b> <b>CLOSED</b> 	<b>31</b> Chicken Nuggets 6 pc. Potato Wedges 3 Bean Salad Fruit Compote	<div style="border: 2px solid pink; padding: 5px;">           This menu is for all our senior centers. Call your senior center with questions/ comments.         </div>	<i>Menu subject to change</i>	



**HERMANSVILLE SENIOR CENTER**

BARB PETERS, MARK SCHOEN,  
SUSAN FRAMARIN  
906-498-7735

**CSFP  
COMMODITIES CURBSIDE  
PICKUP**

**FRIDAY, APRIL 29  
9 A.M. TO 10 A.M. CST  
HOPE TO SEE YOU THEN!**

**MAY'S SOFT OPENING  
CONGREGATE MEALS DINE-IN FROM  
11 A.M. TO 1 P.M.**

**ALL CURBSIDE PICK-UPS ARE STILL  
AVAILABLE. AS CONDITIONS CONTINUE  
TO IMPROVE AND WE GET STAFF BACK IN  
PLACE, WE WILL INTRODUCE MORE  
ACTIVITIES AS WE MOVE FORWARD TO  
GETTING BACK TO NORMAL.**

**MEALS FOR THE NEXT DAY NEED TO BE  
ORDERED BY 12:30 P.M.**

**PLEASE CALL TO MAKE RESERVATIONS  
906-498-7735 906-498-7736**

**Thank You**

Betty McCullough  
Barbara Hafemen  
Michelle & Joanne LaBonte  
Donna Gatien  
Natasha at Fazer's Foods  
Rich Sexton & Don Bunch  
Tony Revord Post  
Sons of the American Legion  
& The Anonymous Donors that faithfully contribute  
to our food pantry.

**Pantry remains open with curbside pick up!**

Please call ahead to ask about our services.

906-498-7735 906-498-7736

Food pantry remains open on Tuesday 9-3  
& Friday 9-2 c.s.t.

Your donations are always appreciated.



Above: Meal driver Mark in his new vehicle going out  
to deliver meals. Below: Thank you volunteers for  
helping with the TEFAP commodities in March.





**Hermansville Senior Center Mon-Thurs., 9 a.m. to 3 p.m. Fri. till 2**

Winner of the Monthly  
Drawing is:  
Priscilla Schuette!!



Remember the Senior Center is closed  
for Memorial Day on Monday, May 30.



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MDS Community Action Agency, Escanaba, MI

C 4C 01-1371

## Mid County Senior Center Mon - Fri, 8 a.m. - 3 p.m.

Transportation is available Monday through Friday from 8 a.m. to 3 p.m. Call the senior center at 753-6986 to schedule a ride.

A 24 advance notice is required.

Transportation is available locally, Marinette, Menominee, Escanaba & Iron Mountain.

Reasonable rates apply. We are here to help!

We have a lift van to accommodate those who are in a wheelchair.



Special thanks to Lynda Keller who donated a variety of gift certificates to use as door prizes AND for bringing the staff donuts on St. Patrick's Day! We appreciate your thoughtfulness, kindness and for thinking of us Lynda!

### May Birthdays

02	Alice Anderson
	Pat Philipps
04	Donna Beaudou
08	Lolly Dahlberg
	Don Sickels
09	Rita Kovach
	Duane Rivard
12	Shirley Olson
15	Barb Eckert
18	Anna Nordgren
22	Joan Burie
26	Judy Anderson
27	Barbara Wickstrom



Sometimes, the menu for Mid County Senior Center differs from the one found in this newsletter. Our menu is published in the Menominee County Journal, Luft's Advertiser and monthly menus are always available at the senior center too. Join us for a meal!



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## Mid County Senior Center Mon - Fri, 8 a.m. - 3 p.m.



MANY, MANY thanks to my awesome volunteers & staff who assisted with the quarterly commodity food distribution in March. There is a lot of work that goes into this and I would not be able to do it without all of you!

Front row: Buck Winkler, Shelby Jardeen, Arlene Engel, John Thoun & Sheila LeBeau.

Back row: Jim Leaveck, Don Ihander, Hazel Johnson, Judy Francour, Craig Francour, Jan Thoun, Mary Walcher & Lester LeBeau.

Also helping, but not pictured, was Tim Martin.

Thank you! 

Appointments are still being taken for Homestead Property and Home Heating tax credits. Deadline to apply for the Home Heating credit is September 30, 2022. Call the senior center to schedule an appointment.



Happy Mother's Day to all the moms reading this!

Customer Appreciation Give-away days  
May 4 (Mother's Day)  
May 25 (honoring May Birthday's)  
Mark your calendars!

CSFP monthly commodities will be Tuesday, May 17 from 9-10 a.m. only. Please bring last months empty box back to return at this time AND arrive before 10 a.m. as the truck leaves promptly at that time. Program distribution is the third Tuesday of each month. Do you have your new pink eligibility card? If not, call the center ASAP.



On Monday April 4th the Mid County Senior Center had a "soft re-opening".

*What does this mean?* The center will be open for in-person dining. Curbside meal pickup will still be an option for those who choose this method to receive meals. Meal pickup and dine in time will remain at 12:30 p.m. Monday through Friday. For those who fill out monthly meal calendars, please mark whether you prefer "dining in" or "curbside". For those calling in meal reservations, please let staff know whether you will be dining in or picking up your meals.

*What about birthday & holiday parties, exercise class and other activities?* Our administrative office, located in Escanaba, will be monitoring local COVID-19 case counts. When they feel it is safe to add more activities, we will notify everyone via newsletter & the Menominee County Journal. Hope to see more of you SOON!!

The Mid County Senior Center will be closed Monday May 30 in observance of Memorial Day. Thank a veteran for our freedom!



## MDS Community Action Agency

Senior Services Program  
507 1st Ave. N.  
Escanaba, MI 49829



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## MONTHLY NEWSLETTER MAY 2022 | Vol. 9 No. 5

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**MEMORIAL DAY**  
ALL SENIOR CENTERS  
WILL BE CLOSED ON  
MAY 30.

This month's menu for  
all senior centers is on  
**PAGE 11**

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