

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

MONTHLY NEWSLETTER
May 2024 Vol. 11 No. 5



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829

Phone: (906) 786-8850
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837

Phone: (906) 428-2201
Hours: M-F 8:30-3:30

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847

Phone: (906) 498-7735
Hours: M-F 9-3

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858

Phone: (906) 863-3256
Hours: M-F 8-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821

Phone: (906) 753-6986
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880

Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
RETIREMENT COMMUNITY

*Excellence in Senior Living
at Affordable Prices*

Apartments Available!
www.harborscommunity.com
906.863.3300

**NORTHWOODS
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**Escanaba 789-2404
Gladstone 428-3085**

um UPPERMICHIGANLAW.COM

JESSICA BRAY, GABE CAMERON, SAM LARRABEE, KATE CLARK

FIGHT BACK WITH THE RIGHT PROTECTION
CALL (906) PROTECT

Garceau
INSURANCE AGENCY

"Customer Service is Our Most Important Policy"

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www.garceauins.com
823 Ludington St. ~ Escanaba, MI
906.789.0900
N 15916 US Hwy 41 ~ Powers, MI
906.497.4290

Harbor Towers

Seniors (62 & Older) go to the top of the waiting list. Placement for Seniors should be very quick.
Safe and Secure building.
Call with questions.
906-786-6229

**NORTHLAND LUTHERAN
RETIREMENT COMMUNITY, INC**

LUTHER MANOR

.....
Assisted living offering three meals per day, personal care, medication management, activities, private rooms with private baths and spacious 2 room suites in a safe and secure environment.
Our excellent **Staff Members** can offer you the care you need and the independence you desire.
.....

MARINETTE, WI
715-732-5800
www.northlandlutheranwi.com

Bishop Noa Home
Sisters of St. Paul de Chartres

2900 3rd Avenue South, Escanaba, MI
tel: (906) 786-5810 • fax: (906) 786-5372
www.bishopnoahome.com

Crawford
FUNERAL HOMES

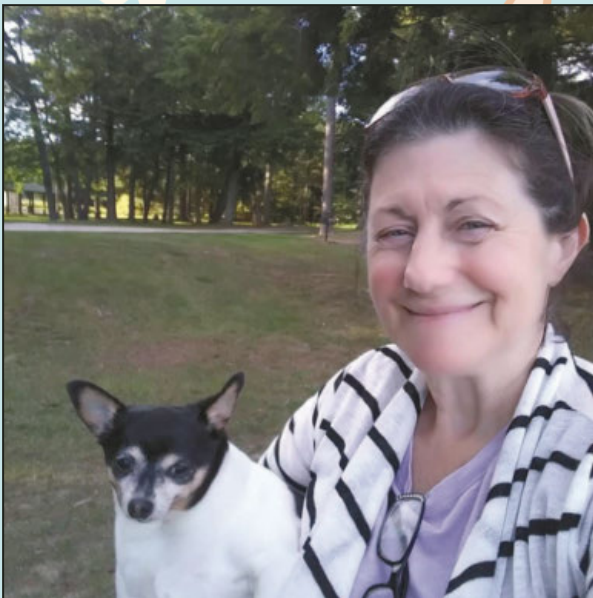
Escanaba (906) 786-0074
Bark River (906) 466-2211
www.crawfordfuneralhomes.net

DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD

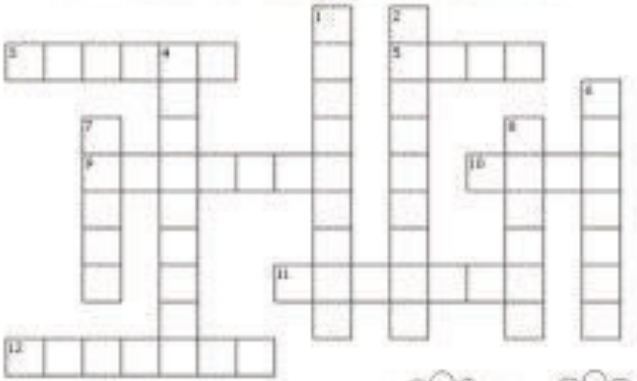
Community Action Agency Services

Sonia is an In-Home Service Aide, she has worked with MDS CAA-HRA since July 1999, with 11 of those years being in Menominee County. She enjoys working one-on-one with her clients, getting to know them and helping them to stay in their homes. She loves hearing the stories of their lives and tries to treat everyone with respect and dignity. In her spare time, Sonia is active in her church and enjoys walking, nature, wildlife and dogs of all kinds, reading, and spending time with friends and family, especially her grandchildren.

THANK YOU SONIA FOR ALL YOU DO!



Mother's Day Crossword



- Across**
- 3. Special meal between breakfast and lunch.
 - 5. Tight squeeze.
 - 9. Inspiring awe.
 - 10. The feeling mom has for her children.
 - 11. To help someone grow up.
 - 12. A bouquet of these will make mom's day!
- Down**
- 1. Amazing or astonishing.
 - 2. Mom's favourite cocoa indulgence.
 - 4. To engage in festivities.
 - 6. A gift.
 - 7. Sweet treats.
 - 8. The woman who loves you no matter what!



Mother Facts

- * The first Mother's Day was in 1908.
- * 122.5 million phone calls will be made to Mothers on Mother's Day.
- * 10 millions Mothers will receive cards on Mother's Day.
- * There are over 2 millions Mothers in the world.

Mother Nutrition Facts

Serving Size	1 Relentless Mom
Amount per serving	
Calories	1 Needy family
Lots of caffeine % Daily Value*	
Unconditional Love	100%
Hard Work	1000%
Patience	∞
Caring	300%
Multi Tasking	100%
Mama Bear Instincts	500%
Sleep	Overrated
Beauty	150%
<small>*Your daily values may be higher or lower depending on your mood.</small>	



IF YOU HAVE MEDICARE & MEDICAID

... you may qualify for additional benefits.

As an experienced **local** independent agent, I work for you. Contact me if you'd like to set up an appointment to learn more about your specific Medicare health plan options.



Healthcare Solutions Team®
A Plan for Everyone



Call me, Margie
The Insurance Gal at:
906-553-8684
mprestonlyon@myhst.com

212 S 14th St • Escanaba, MI 49829

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area. Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.



Birthday Celebration

May 29 at 12 noon

Join us to celebrate the May birthdays by dining in or pick up a lunch of **Turkey Roll-Up, Mashed Potatoes with Gravy, Green Beans, & Peach Cake.**

If you have a birthday in May and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in May with a meal coupon inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business.

Suggested donation is \$4 for the meal.

Call the center to reserve a meal before May 27.

786-8850



Medicare Information

Are you confused with Medicare?

Do you know someone turning 65 this year?

Do you need help with your drug plan?

Do you know someone in a different state who needs help? I can give them their states info.

See if you qualify for "extra help" with your medications and Part B premiums.

Let us educate you on how Medicare works for you!

We can also help with Medicaid applications and redeterminations.

Let me help you navigate Medicare

M MAP
MICHIGAN MEDICARE/MEDICAID
ASSISTANCE PROGRAM
Navigating Medicare

**Call for appointment
Escanaba Senior Center
906-786-8850**

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income.

One set per household—every other month.



The next distribution is
Thursday, May 16
at 10:00–11:00 a.m.
at the U.P. State Fairgrounds

DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.
Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.

Toe Nail Clinic

The North Woods Home Health Nurses will be at the Escanaba Senior Center on Thursday, May 2 & June 6.

from 1:00–3:00 p.m.

Schedule your appointment by calling 786-8850. Cost is \$22 and bring your own bath towel.



St. Patrick's Day Winners

(left to right) Virginia C., Deborah S., Del K., LeeAnn C. Congratulations to you!



TEFAP Food Distribution

Every Tuesday from 1–3 p.m. at the Escanaba Senior Center. You will be required to provide your name, address, household size, and how you are eligible.



Participants must fall at or under 200% of the Federal poverty income guidelines. Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self declared at each distribution in writing or verbally. For people 18+ years old.

Call office for income guidelines. You can visit once per month.

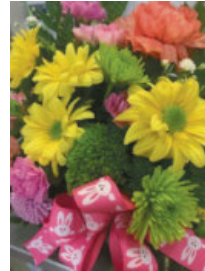
This institution is an equal opportunity provider.

Congregate “March” Birthdays

Millie C. won the flower arrangement from Wickert Floral. Also happy birthday this month to Karen F., Bill P., Grace R., Maggie T., Judy L., Ruth C.

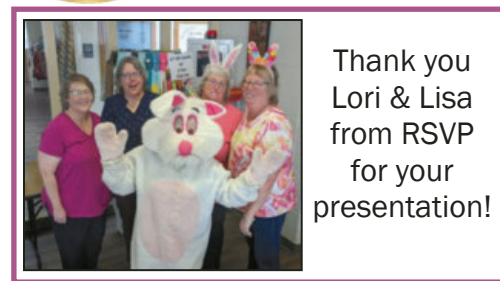
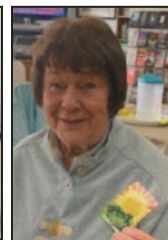


More pictures on Facebook.



Congratulations Birthday Party & Easter Winners!

Winners of the March birthday and Easter drawings for a gift card to Marshalls & Hobby Lobby were Dan R., Lois E., Pat J. & Deborah L. (left to right) *Congratulations to you all!*



Thank you Lori & Lisa from RSVP for your presentation!



Towel winners were Alice J. Janice R., Evonne B., & Lois W. (left to right).

Thank you Gayle S. for your handmade towel donations.



Mother's Day Celebration

Come and celebrate Mother's Day with us on Wednesday, May 8 at 12 noon for dining and entertainment by Jon Sampson!



We will be serving:
Chicken Cordon Bleu
Twice Baked Potatoes
Vegetable
Pineapple Pistachio
Dessert



There will be gift cards and dish towels given away, along with music, singing and many laughs.

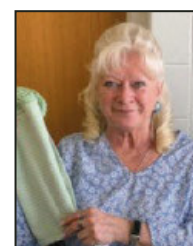
Suggested donation per meal is \$4 with a limit of one meal per person. You can also carry out your, but will still need to call and reserve the meal.

Call to reserve your meal at 906-786-8850 before May 6.

A mother is like a flower, each one is beautiful and unique.

Thank you Easter Bunny for helping us out! You're the best!

Remember we are closed on Memorial Day. Meal delivery and office hours will resume on Tuesday, May 28





CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:
Monday through Friday 8:00 a.m. to 3:00 p.m.

Please call at least a day in advance to schedule your bus ride, or to reserve a meal.

May 16: Craft & Bingo Day with the Menominee Recreation Department



The Menominee Recreation Department will be back for their monthly Craft & Bingo day on May 16 at 1pm here at our center. Come and join us in creating a fun craft, and stick around to

play bingo for prizes. All are welcome to attend.

May Trivia Question: This British actress was born May 4, 1929. She starred in many films in the 1950's. You may know her from her portrayal of Holly Golightly, or Sabrina. Name this film and fashion icon.



May Trivia Answer Entry:

ANSWER: _____

Name: _____

Phone: _____

One entry per person.
Return to Menominee Senior Center.



Mother's Day Tea Party
We are hosting a tea party for our Mother's Day dinner on May 8. Party will begin at approximately noon. We

encourage you to wear your finest tea attire: hats, gloves, pearls, etc. and if you have a special tea cup you would like to bring, please do. We have a delicious meal planned for this day, and dainty treats to go with the tea. We will also have live entertainment from Chuck Johnson from 12:30-1:30pm. Our seating is limited to 50 people, so please sign up in advance.



Game Day: 1pm on May 23

Come on down and play the game "UNO" with us. This is an easy card game of sequential numbers. If you haven't ever played it, we will teach you. All are welcome to attend. Light snacks will be provided.

Foot Clinic: May 31

The next foot clinic will be on May 31 by appointment only.

A licensed nail tech will be here for your foot health.

Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage.

Cost is \$20 and please bring your own bath towel.

Appointments are necessary.

Call the center to reserve your spot.

April Trivia Question/Answer: Who said this quote: "You can fool all the people some of the time, and some of the people all the time, but you cannot fool all the people all the time."

ANSWER: A.) Abraham Lincoln is set to have first coined this phrase.

CLOSED MEMORIAL DAY

Reminder: We are closed on May 27 in honor of Memorial Day. We wish you all a safe & memorable weekend as we remember those who made the ultimate sacrifice for our freedom.



Medicare Minutes

By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

HOMESTEAD & HOME HEATING CREDITS:

We are still accepting appointments for your Home Heating and Homestead Credits. Your deadline to file these credits are not April 15th. Only Federal and State taxable credit filers need to file by April 15th to avoid any penalty etc. These credits are from the State of Michigan, and are available if you qualify based on your net income after any insurance premiums are deducted. If you think you may qualify, or have questions, please call the center to schedule a free tax appointment.



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for **11 am-noon on Tuesday, May 21. This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church. This is a drive-up distribution.**

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: *Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program. This institution is an equal opportunity provider.*

Recognizing Phone Scams:

While phone technology is wonderful, there are ways to protect yourself from scams if you know what to look for.

Text scams: "Smishing" Unknown callers that ask you to reply to a text by sending you a link. These scams try to get your information, or perhaps install malware to steal personal information, or rack up charges that you did not seek. They sometimes act like an account you already have to get you to think you are dealing with the actual business, and it is not. Banks, IRS, and reputable companies do not use this method of contact or ask for your sensitive information via text. Your best bet to know if there is an issue is to find the actual business number and call them directly. The most popular text scams come from USPS, PayPal, Amazon, and Netflix. So, please be wary if you have those accounts that it may not be them trying to contact you.

You can report scam attempts to your wireless service provider by forwarding unwanted text to 7726 or "spam".

If you think you have been a victim of a texting scam, and you have given out personal information, report it immediately to your local law enforcement agency and notify your service provider and any financial institutions where you have accounts.



May Birthday Party

We will be celebrating May birthdays on May 29 starting after 12 noon. If you have a birthday in the month of May, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal details. *Please register at least a day in advance or more for your meal.*

CORPORATION CORNER
Gladstone Senior Citizens Non-Profit

If you have an event coming up, please keep in mind that the Gladstone Senior Center Building is available to rent for social affairs such as bridal showers, baby showers, birthday parties, funeral luncheons, etc. Rentals are available on weekdays after 5:00 p.m., and all day on Saturdays or Sundays. The rental cost is \$75.00 for those who have been paid members of the nonprofit corporation for a year or more; or \$150.00 for non members. Also, a cleaning deposit of \$100.00 is required upfront and refunded within two weeks after the event provided the building is left in the same condition as found. For more information or to reserve a date, please call Carol at 906-553-1747, or Bonnie, 906-241-8755.

Gladstone Senior Citizens NP Corp, P.O. Box 211, Gladstone, MI 49837. We currently have openings for board members that meet the second Tuesday each month at 10:00 a.m. Please contact Carol at 906-553-1747 or Bonnie at 906-241-8755 for more information.

TEFAP Food Distribution

Starting May 7th

Every Tuesday from 1:00 p.m. – 3:00 p.m. at the Gladstone Senior Center

You will be required to provide your name, address, household size, and how you are eligible.

Participants must fall at or under 200% of the Federal poverty income guidelines Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self

declared at each distribution in writing or verbally.

For people 18+ years old.

You can visit once per month.

This is an equal opportunity provider



Foot Clinic Northwood Nursing

When: May 16

Time: 1:00 - 3:00 p.m.

Cost: \$22.00

Bring your own towel Call Center at 428-2201



Senior Commodities

Wednesday

May 1

9:00–9:30 a.m.

This is an equal opportunity provider

Birthday Lunch
 Wednesday, May 29
 Turkey Roll-up
 Mashed Potato/with Gravy
 Green Beans
 Peach Cake
 WW Bread
 Call 428-2201 by May 24

Mother's Day Lunch
 Wednesday, May 8
 Chicken Cordon Bleu
 Twice Baked Potatoes
 Cooks Choice Veggie
 Pineapple Pistachio Dessert
 WW Bread
 Call 428-2201 by May 3

Movie Day
 "Queen Bees"
 Friday May 17th
 12:00 p.m.
 Popcorn and snacks will be provided

Happy Mothers Day!

We will be celebrating all the wonderful ladies with a special Mother's Day lunch on Wednesday, May 8.

Call and reserve a meal by May 3!!

Birthday Lunch will be Wednesday, May 29

Reserve a spot by May 24!

Call 428-2201

St Patrick's

March Special Lunches

Birthday-Easter Lunch

Faite Irish/Celtic Band



Easter Bunny



Evelyn A



Ruth C



Queen City Dancers with staff & seniors



Cathy C B-day Gift Cert.



Bill B 50/50



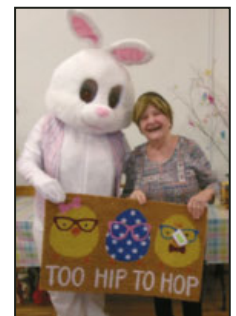
More Dancing with the Queen city Dancers



Kathy S



Marie L



Jim L



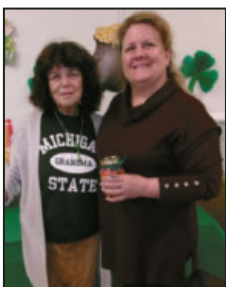
Peggy S



Melva G



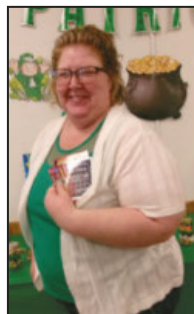
Sharon B

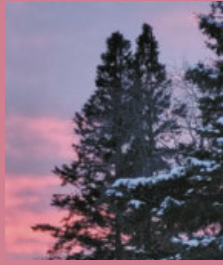


Pat C



Donna C





It's May! Summer is coming, ready or not and as always, we are ready for some more fun at the center! Join us for crafts, exercise, a special Mother's Day meal and more, and of course, the coffee is always on! Come join us soon— Becky

356-6420 is our number!

MAY EVENTS

THURS 5/2	Cornell Group meets
WED 5/8	Mother's Day Meal
TUES 5/21	Crafts after lunch!
MON 5/27	Center Closed for Memorial Day
	Memorial Day Service @ Cemetery - 10AM Coffee after at the Senior Center
WED 5/29	Birthday Party! AND Bookmobile at 1pm!!

Please come join us for a dine in or drive thru any day! We are open Monday—Thursday! Call 356-6420 to sign up for a meal or more information!

ROCK SENIOR CITIZENS CORPORATION CAN DRIVE ALL MONTH LONG! Drop cans at the center!



Memorial Day Coffee hour @ Center after Ceremony at cemetery. (Ceremony begins at 10AM) Sponsored by Aux Unit 559



ESCANABA LIBRARY BOOKMOBILE!!
1 pm on Wednesday, May 29. Free & they will visit every month! Call center for more info!

Exercise Class every Tuesday & Thursday at 9:30 am

May Craft Day!

Tuesday, May 21 after lunch!

Crafters at Work!

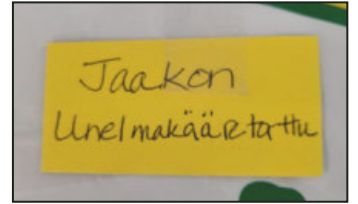
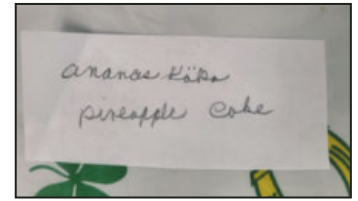
Be sure to call in and reserve your spot!



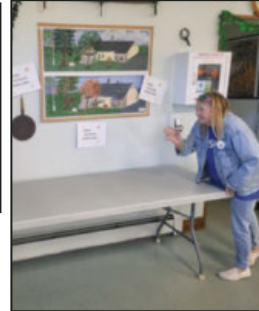
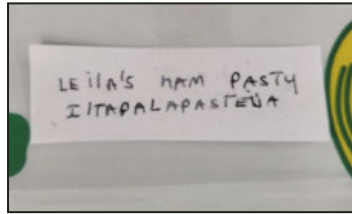
A nice full house for the March Birthday Party and special guests Blake and Nolan!




St. Urho and St. Patrick's Day
Craziness!
The fun and oh, the FOOD!!!!



Below: Brenda and Betty try their hand at Irish Potato Bowling!



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

<p>This menu is for all our senior centers. Call your senior center with questions/comments.</p>	<p>Menu subject to change</p> 	<p>1 Beef & Bean Enchilada Spanish Rice Mexicorn Tropical Fruit</p>	<p>2 CA Medley Soup Chicken Salad Sandwich Pea & Cheese Salad Cook's Choice Fruit Cup</p>	<p>3 Shepard's Pie Squash Breadstick Fresh Orange</p>
<p>6 Cheeseburger w/Bun Hash Browns Corn Fruit Cup</p>	<p>7 Beef Stew Biscuit Sweet Potato Wedges Escalloped Apples</p>	<p>8 Mother's Day Limit 1 per person Chicken Cordon Bleu Twice Baked Potato; Bread Cook's Choice Vegetable Pineapple Pistachio Dessert</p>	<p>9 Taco Salad w/Beef Salsa, Lettuce, Tomato, Olives, Onions, Sr Cream Tortilla Chips Fruit Cup</p>	<p>10 Bratwurst w/Bun Boiled Potato Corn Fruited Jell-O</p>
<p>13 Chicken Tenders Oven Potatoes Prince William Vegetables Peaches Bread</p>	<p>14 Pepper Steak o/Rice w/Peppers Oriental Vegetables Oriental Coleslaw Pineapple</p>	<p>15 BBQ Ribs Garlic Mashed Potatoes Corn Applesauce Bread</p>	<p>16 Cream of Potato Soup Egg Salad, Lettuce w/Bread Carrot Raisin Salad Fruit Cup</p>	<p>17 Beef Stroganoff w/ Mushrooms Cook's Choice Vegetable Warm Applesauce</p>
<p>20 Citrus Chicken over Rice Capri Mixed Vegetables Pineapple</p>	<p>21 Meatloaf Boiled Potatoes CA Blend Vegetables Bread Fruit Ambrosia</p>	<p>22 Country Fried Steak Mashed Potatoes Cook's Choice Vegetable Bread Fruit Cocktail</p>	<p>23 Chef Salad w/Ranch, tomatoes, hard-boiled egg, cubes of meat & cheese Grape Dessert Muffin</p>	<p>24 Cheese Stuffed Shells w/Red Sauce Winter Blend Vegetables Breadstick Mixed Fruit</p>
<p>27</p> 	<p>28 Dinner Frank w/Bun Coleslaw Corn on the Cob Warm Apples</p>	<p>29 Birthday Party Limit 1 per person Turkey Roll-Up Mashed Potatoes w/Gravy Green Beans; Bread Peach Cake</p>	<p>30 Tahitian Meatballs o/Rice Key Largo Vegetables Tropical Fruit</p>	<p>31 Meat Lasagna Brussel Sprouts Side Salad Escalloped Apples</p>



Happy Mother's Day

Mother's Day Dinner May 8 at 11:30 !!

Chicken Cordon Bleu with Twice Baked Potatoes and Cook's choice of Veggie. Pineapple Pistachio Dessert and WW Bread.
Call by 12:30 Tuesday to order for Wednesday May 8.



CLOSED FOR MEMORIAL DAY on 5/27/24



Beginners Art Class

COST \$5.00 to register.

Pre-register by calling the Center at 906-498-7735

Up to 10 participants to a class.

CALL FOR MORE INFORMATION AND NEXT MONTH'S SCHEDULE



Just about all the decorations on this seasons tree were hand crafted.

We divided out craft kits and the clients took them home to work on them. We have some very artistic volunteers!



BIRTHDAY PARTY WEDNESDAY MAY 29TH

A HUGE SHOUT OUT TO:
PATTI M.
OUR VOLUNTEER
EXERCISE INSTRUCTOR
FOR THE AMAZING JOB
SHE DOES WITH OUR
SIT & FIT CLASS!!!
**YOU ARE LOVED BY
EVERYONE!**



ENJOY YOUR SUMMER. GYM IS STILL OPEN FOR WALKING OR PARK HERE AND WALK IN TOWN. SIT & FIT WILL RESUME IN NOVEMBER. THANK YOU!

BROGAN & YONKERS, P.C.
ESTATE PLANNING SEMINARS



FREE Educational Seminar presented by Estate Planning & Elder Law Attorneys Scott Brogan, John Yonkers, and Eryka Symington.

Call today to register:
906-228-6212

<p>April 30: Iron Mountain, 6:00-8:00 pm CT</p> <ul style="list-style-type: none"> • Bay College West, 2801 US-2 <p>May 2: Gladstone, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Terrace Bay Hotel, 7146 P Rd <p>May 8: Manistique, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Comfort Inn, 617 E Lakeshore Dr <p>May 9: Marinette, WI 6:00-8:00 pm CT</p> <ul style="list-style-type: none"> • Little River Country Club <p>May 13: Marquette, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Peter White Public Library 	<p>May 22: Houghton, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Bluffs Assisted Living <p>May 22: Sault Ste. Marie, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Best Western, 4335 I-75 Business <p>May 23: Ironwood, 6:00-8:00 pm CT</p> <ul style="list-style-type: none"> • Elk and Hound, 200 Country Club Rd <p>May 28: Munising, 5:00-7:00 pm ET</p> <ul style="list-style-type: none"> • Lakeshore Manor, 200 City Park Dr <p>June 5: Baraga, 6:00-8:00 pm ET</p> <ul style="list-style-type: none"> • Baraga Lakeside Inn, 900 US-41
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Join us for a Mother's Day Celebration on Wednesday May 8th beginning at 11am
Special music by Larry & Cheryl Pepin

MENU

- Chicken Cordon Bleu
- Twice Baked Potatoes
- Cook's Choice Vegetable
- Pineapple Pistachio Dessert

All ladies in attendance will receive a flower
Men are welcome too!
Please arrive early to be seated for the music



May 2024 Activities

- May 6**– Craft class at 1pm. Check with the senior center for more information.
- May 8**– Mothers Day Party Dinner beginning at 11am. Please call in your meal reservation by **noon** on May 7.
- May 13** – Foot clinic, by appointment only, from 8am to noon. Cost is \$20 which includes toenail trim by Christa Rivard, certified nail technician. Finger nail trim is also available for an additional \$5.
- May 20**– Greenhouse Gallivanting bus trip. Need seasonal plants or flowers? Buck will be driving the van to assist you in purchasing your plants. The bus will leave at 9am. Cost for the bus ride is \$4. A lunch stop will be made.
- May 29**– Monthly Birthday Party Dinner with 50/50 raffle, door prizes, cake, ice cream and bingo. If you are celebrating your birthday in May, please notify the staff when making your meal reservation so we may honor you.

Join us, the senior center is a great place to be!

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May Birthdays

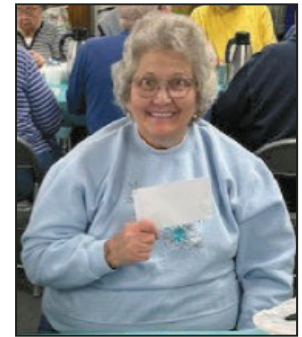
Donna B	May 4
Lolly D	May 8
Rita K	May 9
Shirley O	May 12
Barbara E	May 15
Bill S	May 23
Frank E	May 25
Judy A	May 26



March Easter & Birthday winners



Shirley O was a 50/50 winner!



Betty P was too!

Every month at the birthday party, we have a 50/50 raffle and door prizes. All you need to do if you'd like to participate is call the senior center to reserve a meal. We'd love for you to join us!



Jean S. shows her lucky winnings



Welcome Lisa DeMille as our newest addition to the senior center! Lisa is married to Jay and has 4 daughters and 14 grandchildren. Lisa is our new center custodian. Stop by and say hi to her!



Our craft group made these cute St. Patrick's Day leprechaun jars filled with candy and were given away as door prizes at the party on March 13. Winners were Donny I, Donna T, Marilyn P & Joyce R.



The craft group also made these adorable bunny centerpieces which were given away as door prizes at the Easter party. Winners were front row from left: Marilyn P, Donna T, Alice F, & Elaine H. Back row: Donna B, Betty P, Donny I & Gladys H.



We will be closed on **May 27**. No home delivered meals or congregate meals served. Thank You Veterans!!!

MAY EXERCISE DATES

Wednesday May 1 at 11am
 Monday May 6 at 10am
 Wednesday May 15 at 11am
 Wednesday May 22 at 11a m
 Coffee and snack served after
 All are welcome to participate in this low impact class



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OR CURRENT RESIDENT

**MONTHLY NEWSLETTER
 MAY 2024 Vol. 11 No. 5**

This month's menu for all senior centers is on **PAGE 11**



All MDSCAA Offices and Senior Centers will be closed on May 27 for Memorial Day.

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