



507 1st Ave. N
Escanaba, MI 49829
(906) 786-7080 – Phone
(906) 789-9423 – Fax

The Community Action Agency Senior Services Program is currently accepting applications for the following position:

Part-time **Substitute Meal Runner** in Hermansville. Hours are generally scheduled between 7:00 a.m. – 12:00 p.m., Monday through Friday. This is a variable hour position.

Candidates must possess a high school diploma/GED and a valid driver's license.

We are looking for applicants that have a great rapport with senior citizens, possess organizational skills and have a clean driving record.

Entry wage is \$11.22 – \$11.73 depending on experience.

Please submit a completed application to the Hermansville Senior Center, Attention: Barb Peters, PO Box 236, Hermansville, MI 49847 **OR** send an email to hr@mdscaa.org.

An online application can also be completed using the following link: <https://pdf.ac/OP1k2>

Menominee Delta Schoolcraft Community Action Agency is an affirmative-action, equal-opportunity employer. MDS Community Action Agency programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

ADA Physical Activities Requirements

- Climbing: Up or down stairs, using feet and legs and/or hands and arms. Body agility is emphasized.
- Balancing: Maintaining body equilibrium to prevent falling and walking, standing or crouching on narrow, slippery, or erratically moving surfaces. This factor is important if the amount of balancing exceeds that needed for ordinary locomotion and maintenance of body equilibrium.
- Stooping: Bending body downward and forward by bending spine at the waist. This factor is important if it occurs to a considerable degree and requires full motion of the lower extremities and back muscles.
- Crouching: Bending the body downward and forward by bending leg and spine.
- Standing: Particularly for sustained periods of time.
- Walking: Moving about on foot to accomplish tasks, particularly for long distances.
- Pushing: Using upper extremities to press against something with steady force to thrust forward, downwards or outward.
- Pulling: Using upper extremities to exert force in order to draw, haul or tug objects in a sustained motion.
- Lifting: Raising objects from a lower to a higher position or moving objects horizontally from position-to-position. This factor is important if it occurs to a considerable degree and requires substantial use of upper extremities and back muscles.
- Grasping: Applying pressure to an object with the fingers and palm.
- Feeling: Perceiving attributes of objects, such as size, shape, temperature or texture by touching with skin, particularly that of fingertips.
- Talking: Expressing or exchanging ideas by means of the spoken word. Those activities in which they must convey detailed or important spoken instructions to other workers accurately, loudly or quickly.
- Hearing: Perceiving the nature of sounds with normal speaking levels with or without correction. Ability to receive detailed information through oral communication, and to make the discriminations in sound.
- Repetitive Motion: Substantial movements (motions) of the wrists, hands, and/or fingers.

ADA physical requirements of this position

- Medium work: Exerting up to 50 pounds of force occasionally, and/or up to 30 pounds of force frequently, and/or up to 10 pounds of force constantly to move objects.
- **The visual activity requirements, including color, depth perception and field vision.**
- The worker is required to have close visual acuity to operate motor vehicles.
- The worker is required to have visual acuity to determine the accuracy, neatness, and thoroughness of the work assigned.
- **The conditions the worker will be subject to in this position.**
- The worker is subject to outside environmental conditions. No effective protection from the weather. The worker is subject to both environmental conditions. Activities occur inside and outside.

**THIS LIST IS NOT INTENDED TO BE ALL-INCLUSIVE AND
OTHER GENERAL DUTIES MUST BE PERFORMED AT DIRECTION OF
SENIOR SERVICES DIRECTOR OR SUPERVISOR**